

AUTOMATED CALENDAR 21-DAY HABIT-BUILDING PLANNER

21 Days habit formation 2023 Year 5 moon 25 day									
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	habit tracker		Notes
1	2	3	4	5	6	7	1	2	3
8	9	10	11	12	13	14	4	5	6
15	16	17	18	19	20	21	7	8	9
22	23	24	25	26	27	28	10	11	12
29	30	31					13	14	15
habit tracker									
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Notes:

do not change the date entry!

Year, month, day and calendar are automatically generated!

Graphs can be broken down into up to 1 small tasks

Habit Building Planner Advanced Strategies

**Bin Zhou,Siqi Bu,Liansong Xiong,Hugo
Morais, Junjie Hu,Jingyang Fang,Jian
Zhao,Peng Hou**

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