

GROWTH MINDSET BLUEPRINT

*Cultivating Self-awareness,
Identifying and Overcoming Limiting
Beliefs, Building Resilience, and
Achieving Continuous Success*



DR ARUN KUMAR KHANDA

Self Help Mindset Blueprint

N Noddings



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web sprinkle a few drops of the hot sauce into each hole in a small bowl combine the pimentón salt essence and cayenne sprinkle the seasoning blend evenly over all sides of the roast and rub into the meat place the roast in the crock of a 6 quart slow cooker fat side up and pour the stock around the roast

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1 2 cup 2 cups melted butter 1 cup white wine 3 4 cup louisiana hot
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