## A Back-to-Basics Program from LivingAfterWLS And Bestselling Author Kaye Bailey

Take Control of Your WLS Tool in 5 Focused Days.

# 5 Day Pouch Test Owner's Manual

- · The complete plan backed by science & real world application
  - · Sound dietary practices to achieve & sustain weight loss
- Inspired motivation, generous kindness & encouragement galore



 Proven effective for all current & past Bariatric procedures

It is never too late to motivate your mind & body to manage your weight loss surgery pouch successfully.

You Can Do This!

### **The 5 Day Pouch Test Owners Manual**

**DJ Losen** 

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