



"Excellent course, well run with the
right atmosphere."



"Great company to do training
with, easy to book, helpful staff."

Customer Review



Skyward Training Manuals

Yi-Tong Ma



Skyward Training Manuals:

Profler Training Manual #2 Keith A. Brewster, 1989

U.S. Army Physical Readiness Training Manual U.S.

Department of the Army, 2012-01-05 Soldier or civilian if you're looking to get into shape the U.S. Army Physical Readiness Training Manual book is the sure fire way to go The official fitness and physical readiness guide of the U.S. Army TC 3-22.20 helps anyone to engage in a rigorous rewarding regime of physical training Divided into three sections the book incorporates the philosophy behind the Army's training the types of programs and planning considerations to guide the reader's own personal training agenda and the exercises themselves Whether you need to be Army Strong or are just looking to lose that extra holiday weight the U.S. Army Physical Readiness Training Manual is the book for you **Army Physical Readiness**

Training Manual Barry Leonard, 2011-05 Guides leaders through a systematic approach to training consisting of an ordered comprehensive assemblage of facts principles and methods for training soldiers and units Provides a balanced training program that prepares soldiers for successful task performance and provides linkage to other training Injury control is woven into the training's fabric by recommended exercise intensity volume specificity and recovery within its progressive training schedules Sample schedules provide the commander a doctrinal template that can be applied to the unit's training needs Append Physical Fitness Test Climbing Bars Posture and Body Mechanics Environ Considerations Obstacle Negotiations Numerous photos This is a print on demand pub **Manuals Combined: U.S. Marine Corps Special Operations**

Command MARSOC Prep Guides, Training Guides And Example Gear Lists, Well over 500 total pages Today's dynamic and persistent operating environment has placed unprecedented demands on our military personnel At no other time have the potential threats been more varied requiring individuals who are highly intelligent agile ethical tenacious and physically fit to succeed in any climate or terrain The Marine Corps Forces Special Operations Command MARSOC is preparing professional combat athletes who are ready to execute missions in the largely unstructured battlefields of today and the future MARSOC's Performance and Resiliency PERRES ideology is integral to that preparation By focusing on mind body and spirit PERRES ensures that Marines not only are physically strong but also possess the mental focus and unconquerable spirit necessary to persevere under the extreme stress of a high operational tempo and through the unknowns of asymmetric warfare PERRES trains with renewal in mind focusing on the resilience of the individual unit and family PERRES is unique in integrating high level athletic training and nutrition with a focus on warrior values including dedication to family country unit and mission This approach ensures that Marines are not only ready for combat missions but also are resilient for life Includes MARSOC Prep Guide Assessment And Selection 10 Week Prep Guide MARSOC ASSESSMENT AND SELECTION A S PREPARATION GUIDE MARSOC Training Guide Marine Corps Forces Special Operations Command MARSOC Pub 1 MARSOC Command Packet MARSOC By The Numbers Marine Special Operations School UNSW SO Duty Examination Frequently Asked Questions STUDENT OUTLINE KNOTS AND ROPE MANAGEMENT Various Example Gear

Lists Various Example Read Ahead Packages MCWP 3 43 1 Formerly FMFM 7 32 Raid Operations Field Manuals United States. War Department, 1939 **Manuals Combined: WARRIOR TRAINING CENTER Air Assault School Handbook, 101st Airborne Division (Air Assault) The Sabalauski Air Assault School Handbook & 101st Airborne Division (Air Assault) Gold Book**, Air Assault is a combat insertion unit using helicopters to transport and insert soldiers into battle provide medical evacuation provide close air support provide resupply operations It is usually a company or bat talion sized element The term Air Assault derives from two types of operations known as Air Mobility and Vertical Envelopment Air Mobility Operations were developed by the German Army during WWII in the 1930 s The US Army soon adopted this method of offensive operations in 1941 using wooden gliders The glider was assisted into the air by being towed by a larger aircraft and then released The pilot had to navigate the large glider loaded with a team of infantry soldiers to the landing zone behind enemy lines at night and attempt to land safely Once the pilot landed the glider he would join the mission as another infantry soldier with the team that he flew in Although the gliders and techniques used were advanced for that time period they did pose some disadvantages Once the aircraft was landed safely that team of soldiers were cut off from allied troops Pilots had to be cross trained with infantry tactics so he could operate as both roles The air mobility glider was abandoned after WWII after the invention of the helicopter

PREFACE 1 November 2011 1 The Sabalauski Air Assault School TSAAS is a FORSCOM TDA unit that trains leaders and Soldiers assigned to the 101st Airborne Division Air Assault as well as other Army units and armed services in several courses By conducting the Air Assault and Pathfinder Courses The Sabalauski Air Assault School develops technically proficient and confident Soldiers capable of safely executing immediate and sustained air assault operations The school also trains and qualifies military Rappel Masters Fast Rope Masters and SPIES Masters in the application of infiltration and extraction techniques The school provides quality basic airborne refresher and jumpmaster refresher training to airborne capable units Finally the school provides command and control of the 101st Airborne Division Air Assault Screaming Eagle Parachute Team 2 This handbook is designed to facilitate the mission of the school serving as a baseline of information for the Air Assault Course It is not a substitute for applicable Army regulations field manuals training circulars or technical manuals but it is designed to complement the guidance in these publications in the area of air assault operations The 101st Airborne Division Air Assault disclaims any responsibility for incidents occurring while applying these procedures 3 The proponent for this handbook is the Commander of The Sabalauski Air Assault School This 2011 update provides users with the latest doctrinal information regarding Air Assault Operations Users of this publication are encouraged to recommend improvements or changes in writing to ACoFS G3 5 7 DPTM ATTN AFZB K GT AA Fort Campbell KY 42223 5000 The 101st Airborne Division Air Assault has a long and rich heritage As the world s only functional Air Assault Division the 101st Airborne has pioneered the development of Air Assault tactics techniques and procedures TTPs These tactics were quantifiably demonstrated in 1991 during Operation Desert Storm and most recently during Operation Enduring

Freedom and Operation Iraqi Freedom We are currently at war with dangerous and adaptive terrorist forces in complex environments In response the Division continually refines its TTPs exploiting our unique capabilities to defeat our nation s enemies This reference publication The Gold Book June 2014 re establishes the baseline for the planning and execution of Air Assault operations **Sniper Training FM 23-10: OFFICIAL U.S. Army Field Manual 23-10 (Sniper Training)**

Department of the Army,2018-09-14 The United States Army sniper is a specially selected volunteer highly trained in advanced marksmanship and Fieldcraft skills He can support special operations missions and is able to engage selected targets from concealed positions at ranges and under conditions that are not possible for the normal rifleman The sniper s skill acts as a force multiplier where the mission is two fold 1 to eliminate high value tactical targets on the battlefield and 2 act as observer gathering intelligence Field Manual 23 10 provides doctrinal guidance on the mission personnel organization equipment training skills and employment of the Sniper This manual is intended for use by commanders staffs instructors and soldiers at training posts United States Army Field Manual United States. Department of the Army,1944

Technical Manual United States Department of the Army,1954 Publications Combined: Army Combat Fitness Test (ACFT) Training Guide, Handbook, Equipment List, Field Testing Manual & More ,2019-03-05 Over 600 total pages CONTENTS Army Combat Fitness Test Training Guide Version 1 2 FIELD TESTING MANUAL Army Combat Fitness Test Version 1 4 Army Combat Fitness Test CALL NO 18 37 September 2018 FM 7 22 ARMY PHYSICAL READINESS TRAINING October 2012 IOC TESTING ACFT EQUIPMENT LIST 1 X LANE REQUIREMENT Version 1 1 4 September 2018 ACFT Field Test Highlight Poster Final OVERVIEW The Army will replace the Army Physical Fitness Test APFT with the Army Combat Fitness Test ACFT as the physical fitness test of record beginning in FY21 To accomplish this the ACFT will be implemented in three phases Phase 1 Initial Operating Capability IOC includes a limited user Field Test with approximately 60 battalion sized units from across all components of the Army While the ACFT is backed by thorough scientific research and has undergone several revisions there are still details that have not been finalized The ACFT requires a testing site with a two mile run course and a flat field space approximately 40 x 40 meters The field space should be grass well maintained and cut or artificial turf that is generally flat and free of debris While maintaining testing standards and requirements commanders will make adjustments for local conditions when necessary The start and finish point for the two mile run course must be in close proximity to the Leg Tuck station When test events are conducted indoors the surface must be artificial turf only Wood and rubberized surfaces are not authorized as they impact the speed of the Sprint Drag Carry When environmental conditions prohibit outdoor testing an indoor track may be used for the 2 Mile Run The Test OIC or NCOIC are responsible to inspect and certify the site and determine the number of testing lanes There should not be more than 4 Soldiers per testing group for the SPT HRP and SDC The OIC or NCOIC must add additional lanes or move Soldiers to a later testing session to ensure no more than 4 Soldiers per testing group Concerns related to Soldiers graders or commanders will be addressed

prior to test day The number of lanes varies by number of Soldiers testing A 16 lane ACFT site will have the following ACFT specific test equipment requirements 16 hexagon trap bars 60 pounds each with a set of locking collars While all NSN approved hexagon bars must weigh 60 pounds there is always a small manufacturer s production tolerance The approved weight tolerance for the hexagon bar is 2 pounds 58 62 pounds Weight tolerance for the hexagon bar and therefore the 3 Repetition Maximum Deadlift does not include the collars On average hexagon bar collars weigh 2 0 pounds per pair and are considered incidental to the total weight of the MDL weight Approximately 3 000 lbs of bumper plates 16 x 10 lb medicine ball 16 x nylon sled with pull straps 32 x 40 lb kettle bells Permanent or mobile pull up bars 16 x pull up bars at approximately 7 5 feet off the ground with step ups for shorter Soldiers Common unit equipment for set up and grading 16 stop watches 8 x 25m tape measures 8 x wooden or PVC marking sticks for the SPT One stick for every two lanes 70 x 18 traffic cones 50 field dome cones A soft flat dry test area approximately 40m x 40m on grass or artificial turf half of a soccer or football field A site that is free of any significant hazards A preparation area can be same as briefing area to conduct Preparation Drill A generally flat measured running course with a solid improved surface that is not more than 3 percent uphill grade and has no overall decline start and finish must be at the same altitude

Reviewing **Skyward Training Manuals**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Skyward Training Manuals**," an enthralling opus penned by a highly acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

<https://dev.vn.se/data/publication/index.jsp/5%20Edition%20Viral%20Fantasy%20Saga.pdf>

Table of Contents **Skyward Training Manuals**

1. Understanding the eBook **Skyward Training Manuals**
 - The Rise of Digital Reading **Skyward Training Manuals**
 - Advantages of eBooks Over Traditional Books
2. Identifying **Skyward Training Manuals**
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an **Skyward Training Manuals**
 - User-Friendly Interface
4. Exploring eBook Recommendations from **Skyward Training Manuals**
 - Personalized Recommendations
 - **Skyward Training Manuals** User Reviews and Ratings
 - **Skyward Training Manuals** and Bestseller Lists

5. Accessing Skyward Training Manuals Free and Paid eBooks
 - Skyward Training Manuals Public Domain eBooks
 - Skyward Training Manuals eBook Subscription Services
 - Skyward Training Manuals Budget-Friendly Options
6. Navigating Skyward Training Manuals eBook Formats
 - ePub, PDF, MOBI, and More
 - Skyward Training Manuals Compatibility with Devices
 - Skyward Training Manuals Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Skyward Training Manuals
 - Highlighting and Note-Taking Skyward Training Manuals
 - Interactive Elements Skyward Training Manuals
8. Staying Engaged with Skyward Training Manuals
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Skyward Training Manuals
9. Balancing eBooks and Physical Books Skyward Training Manuals
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Skyward Training Manuals
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Skyward Training Manuals
 - Setting Reading Goals Skyward Training Manuals
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Skyward Training Manuals
 - Fact-Checking eBook Content of Skyward Training Manuals
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

Skyward Training Manuals Introduction

Free PDF Books and Manuals for Download: Unlocking Knowledge at Your Fingertips In today's fast-paced digital age, obtaining valuable knowledge has become easier than ever. Thanks to the internet, a vast array of books and manuals are now available for free download in PDF format. Whether you are a student, professional, or simply an avid reader, this treasure trove of downloadable resources offers a wealth of information, conveniently accessible anytime, anywhere. The advent of online libraries and platforms dedicated to sharing knowledge has revolutionized the way we consume information. No longer confined to physical libraries or bookstores, readers can now access an extensive collection of digital books and manuals with just a few clicks. These resources, available in PDF, Microsoft Word, and PowerPoint formats, cater to a wide range of interests, including literature, technology, science, history, and much more. One notable platform where you can explore and download free Skyward Training Manuals PDF books and manuals is the internet's largest free library. Hosted online, this catalog compiles a vast assortment of documents, making it a veritable goldmine of knowledge. With its easy-to-use website interface and customizable PDF generator, this platform offers a user-friendly experience, allowing individuals to effortlessly navigate and access the information they seek. The availability of free PDF books and manuals on this platform demonstrates its commitment to democratizing education and empowering individuals with the tools needed to succeed in their chosen fields. It allows anyone, regardless of their background or financial limitations, to expand their horizons and gain insights from experts in various disciplines. One of the most significant advantages of downloading PDF books and manuals lies in their portability. Unlike physical copies, digital books can be stored and carried on a single device, such as a tablet or smartphone, saving valuable space and weight. This convenience makes it possible for readers to have their entire library at their fingertips, whether they are commuting, traveling, or simply enjoying a lazy afternoon at home. Additionally, digital files are easily searchable, enabling readers to locate specific information within seconds. With a few keystrokes, users can search for keywords, topics, or phrases, making research and finding relevant information a breeze. This efficiency saves time and effort, streamlining the learning process and allowing individuals to focus on extracting the information they need. Furthermore, the availability of free PDF books and manuals fosters a culture of continuous learning. By removing financial barriers, more people can access educational resources and pursue lifelong learning, contributing to personal

growth and professional development. This democratization of knowledge promotes intellectual curiosity and empowers individuals to become lifelong learners, promoting progress and innovation in various fields. It is worth noting that while accessing free Skyward Training Manuals PDF books and manuals is convenient and cost-effective, it is vital to respect copyright laws and intellectual property rights. Platforms offering free downloads often operate within legal boundaries, ensuring that the materials they provide are either in the public domain or authorized for distribution. By adhering to copyright laws, users can enjoy the benefits of free access to knowledge while supporting the authors and publishers who make these resources available. In conclusion, the availability of Skyward Training Manuals free PDF books and manuals for download has revolutionized the way we access and consume knowledge. With just a few clicks, individuals can explore a vast collection of resources across different disciplines, all free of charge. This accessibility empowers individuals to become lifelong learners, contributing to personal growth, professional development, and the advancement of society as a whole. So why not unlock a world of knowledge today? Start exploring the vast sea of free PDF books and manuals waiting to be discovered right at your fingertips.

FAQs About Skyward Training Manuals Books

1. Where can I buy Skyward Training Manuals books? Bookstores: Physical bookstores like Barnes & Noble, Waterstones, and independent local stores. Online Retailers: Amazon, Book Depository, and various online bookstores offer a wide range of books in physical and digital formats.
2. What are the different book formats available? Hardcover: Sturdy and durable, usually more expensive. Paperback: Cheaper, lighter, and more portable than hardcovers. E-books: Digital books available for e-readers like Kindle or software like Apple Books, Kindle, and Google Play Books.
3. How do I choose a Skyward Training Manuals book to read? Genres: Consider the genre you enjoy (fiction, non-fiction, mystery, sci-fi, etc.). Recommendations: Ask friends, join book clubs, or explore online reviews and recommendations. Author: If you like a particular author, you might enjoy more of their work.
4. How do I take care of Skyward Training Manuals books? Storage: Keep them away from direct sunlight and in a dry environment. Handling: Avoid folding pages, use bookmarks, and handle them with clean hands. Cleaning: Gently dust the covers and pages occasionally.
5. Can I borrow books without buying them? Public Libraries: Local libraries offer a wide range of books for borrowing. Book Swaps: Community book exchanges or online platforms where people exchange books.

6. How can I track my reading progress or manage my book collection? Book Tracking Apps: Goodreads, LibraryThing, and Book Catalogue are popular apps for tracking your reading progress and managing book collections. Spreadsheets: You can create your own spreadsheet to track books read, ratings, and other details.
7. What are Skyward Training Manuals audiobooks, and where can I find them? Audiobooks: Audio recordings of books, perfect for listening while commuting or multitasking. Platforms: Audible, LibriVox, and Google Play Books offer a wide selection of audiobooks.
8. How do I support authors or the book industry? Buy Books: Purchase books from authors or independent bookstores. Reviews: Leave reviews on platforms like Goodreads or Amazon. Promotion: Share your favorite books on social media or recommend them to friends.
9. Are there book clubs or reading communities I can join? Local Clubs: Check for local book clubs in libraries or community centers. Online Communities: Platforms like Goodreads have virtual book clubs and discussion groups.
10. Can I read Skyward Training Manuals books for free? Public Domain Books: Many classic books are available for free as they're in the public domain. Free E-books: Some websites offer free e-books legally, like Project Gutenberg or Open Library.

Find Skyward Training Manuals :

2025 edition viral fantasy saga
viral nonfiction bestseller ebook
collection mindfulness meditation
children bedtime story stories
~~longevity secrets framework~~
AI in everyday life 2025 edition
urban fantasy academy ultimate guide
post apocalyptic story paperback
stories trending romantasy
healing trauma guide global trend
ebook urban fantasy academy
witchcraft academy paperback
~~phonics practice advanced strategies~~

paranormal romance series blueprint
award winning trending romantasy

Skyward Training Manuals :

Study guide and solutions manual for Organic chemistry Study guide and solutions manual for Organic chemistry : structure and function · Genre: Problems and exercises · Physical Description: x, 519 pages : ... Organic Chemistry: Structure and Function - 6th Edition Our resource for Organic Chemistry: Structure and Function includes answers to chapter exercises, as well as detailed information to walk you through the ... K. Peter C. Vollhardt, Neil E. Schore - Study Guide and ... Peter C. Vollhardt, Neil E. Schore - Study Guide and Solutions Manual For Organic Chemistry - Structure and Function, 6th-W. H. Freeman (2010) PDF ... Organic Chemistry 6th Edition Textbook Solutions Textbook solutions for Organic Chemistry 6th Edition Marc Loudon and others in this series. View step-by-step homework solutions for your homework. Solutions Manual for the 6th Edition of the Textbook Jul 3, 2019 — Resonance in Organic Compounds · Stereochemistry in Organic Compounds (Chirality, Stereoisomers, R/S, d/l, Fischer Projections). Who is online. Organic Chemistry 6th Edition Textbook Solutions Access Organic Chemistry 6th Edition solutions now. Our solutions are written by Chegg experts so you can be assured of the highest quality! Study Guide and Solutions Manual for Organic Chemistry Jul 1, 2022 — Study Guide and Solutions Manual for Organic Chemistry ; by Joel Karty (Author, Elon University), ; ISBN · 978-0-393-87749-6 ; ABOUT THE BOOK. Study Guide and... by K. Peter C. Vollhardt and Neil E. ... Study Guide and Solutions Manual for Organic Chemistry Structure and Function 6th Edition (Sixth Ed) 6e By Neil Schore & Peter Vollhardt 2009 [K. Peter C. Organic Chemistry Structure And Function Solution Manual Get instant access to our step-by-step Organic Chemistry Structure And Function solutions manual. Our solution manuals are written by Chegg experts so you ... Organic Chemistry Solutions Manual : r/UCDavis Hi! I am in dire need of the solutions manual to the 6th edition of the organic chemistry book by Vollhardt and Schore. A Breathless Hush...: The MCC Anthology of Cricket Verse An anthology to delight both cricketers and poetry lovers. Our national pastime, perfectly pitched in a comprehensive collection of almost 500 pages Plenty of ... A Breathless Hush : The McC Anthology of Cricket Verse An anthology to delight both cricketers and poetry lovers. Our national pastime, perfectly pitched in a comprehensive collection of almost 500 pages Plenty of ... A Breathless Hush : The McC Anthology of Cricket Verse - ... A Breathless Hush : The McC Anthology of Cricket Verse by Allen, David Rayvern - ISBN 10: 0413772152 - ISBN 13: 9780413772152 - Methuen - 2004 - Hardcover. A Breathless Hush: The MCC Anthology of Cricket Verse An Anthology of the finest cricket verse of the last 200 years, including contributions from Arthur Conan Doyle, E.V. Lucas, Francis Thompson and Neville ... A Breathless Hush...: The MCC Anthology of Cricket Verse A Breathless Hush...: The MCC Anthology of Cricket Verse - Softcover ; Featured Edition. ISBN 10: ISBN 13: 9780413772152. Publisher: Methuen, 2004. Hardcover. A Breathless

Hush... - The MCC Anthology Of Cricket Verse Covering a period of over 300 years, this collection of cricket verse embraces a remarkable range of talent, including many literary masters past and ... A Breathless Hush: The Mcc Anthology of Cricket Verse ... Find the best prices on A Breathless Hush: The Mcc Anthology of Cricket Verse by Rayvern Allen, D. (ed) at BIBLIO | Hardcover | | 2004 | Methuen Publishing ... A Breathless Hush...: The MCC Anthology of Cricket Verse ... A Breathless Hush...: The MCC Anthology of Cricket Verse Paperback Book The Fast ; Item Number. 382547614339 ; Format. Paperback / softback ; Publisher. Methuen ... A breathless hush -- : the MCC anthology of cricket verse ... A breathless hush -- : the MCC anthology of cricket verse / edited by David Rayvern Allen with Hubert Doggart by Allen, D. R - 2004 ; Format/Binding Hardcover ... 'A breathless hush ... ' the MCC anthology of cricket verse An Anthology of the finest cricket verse of the last 200 years, including contributions from Arthur Conan Doyle, E.V. Lucas, Francis Thompson and Neville ... Goddesses & Angels: Awakening Your Inner... by Virtue, ... Featuring an easy-to-use guide that lists and describes the attributes of goddesses and angels, this magical journey visits a vast array of exotic locales ... Goddesses and Angels: Awakening Your Inner High- ... Goddesses and Angels: Awakening Your Inner High-priestess and Source-eress [GeoFossils] on Amazon.com. *FREE* shipping on qualifying offers. GODDESSES & ANGELS Awakening Your Inner High- ... In this true spiritual adventure story and reference book, Doreen Virtue writes about the enlightened beings who can unlock the magical gifts within you. In ... Awakening Your Inner High-Priestess and "Source-eress" Goddesses and Angels: Awakening Your Inner High-Priestess and "Source-eress". by Doreen Virtue. PaperBack. Available at our 828 Broadway location. Goddesses and Angels - Awakening Your Inner High ... From the best selling author of Healing with the Angels and Angel Medicine comes a spiritual adventure story and reference book wrapped into one incredible ... Goddesses & Angels: Awakening Your Inner High- ... In this true spiritual adventure story and reference book, Doreen writes about the enlightened beings who can unlock the magical gifts within you. In Part I, ... Goddesses & Angels: Awakening Your Inner High-priestess and ... Featuring an easy-to-use guide that lists and describes the attributes of goddesses and angels, this magical journey visits a vast array of exotic locales ... Angels: Awakening Your Inner High-Priestess and " Goddesses & Angels: Awakening Your Inner High-Priestess and "Source-eress" ; Format. Softcover ; Accurate description. 5.0 ; Reasonable shipping cost. 4.9. Goddesses and Angels: Awakening Your Inner High-Priestess ... In this true spiritual adventure story and reference book,Doreen Virtue writes about the enlightened beings who can unlock the magical gifts within you. In Part ... GODDESSES & ANGELS Awakening Your Inner High-Priestess ... GODDESSES & ANGELS Awakening Your Inner High-Priestess & "Source-eress" *NEW HC* ; Condition. Brand New ; Quantity. 1 sold. 3 available ; Item Number. 394326939293.