

Smart Lotionmaking: The Simple Guide to Making Luxurious Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less (Smart Soap Making)

*****#1 AMAZON.COM BESTSELLER IN BEAUTY & GROOMING (JULY 2014)*****#1 KINDLE (US) BESTSELLER IN BEAUTY & FASHION (JULY 2014)*****#1 AMAZON.COM BESTSELLER IN CRAFTS & HOBBIES (JULY 2014)*****#1 AMAZON.COM BESTSELLER IN SOAP MAKING (JULY 2014)*****SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS!

Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion from scratch. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost.//Anne L. Watson is the first author to have introduced modern

Smart Lotionmaking Smart Lotionmaking

Anne L. Watson



Smart Lotionmaking Smart Lotionmaking:

Smart Lotionmaking Anne L. Watson, 1900 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU LL NORMALLY HEAR BACK WITHIN HOURS Do you love the feel of a good lotion but find yourself unhappy with the cost or wary of the chemical ingredients Do you ever wonder if you could make it for yourself at home Are you afraid to try because the lotion might not turn out well or might even be unsafe Anne L Watson s *Smart Soapmaking* was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking Now by popular demand she continues her handcraft cosmetics revolution with the first practical comprehensive book on making lotion from scratch Whether you want to make lotion for personal use or to sell Anne allays any fears with methods that are proven safe and approved by experts yet simple and easy enough to perform in your kitchen You ll soon be making lotion that s better than any you ve been buying and at a fraction of the cost Anne L Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers She has made soap under the company name Soap Tree and before her retirement from professional life she was a historic preservation architecture consultant Anne and her husband Aaron Shepard live in Bellingham Washington The definitive guide to lotionmaking Donna Puizina Ekoaromas Lafayette New Jersey Spells out everything and makes it easy to understand Cheryl McCoy Emerald City Soap Haven Kansas Anne makes it so much fun and so easy Mary Jean Hammann Grandma Jean s Soaps and Lotions New London Ohio So logical and easy to understand that my first batch was a success AND a sell out Susan Dinion Holiday Farm Handmade Goods Berlin Massachusetts CONTENTS A FEW FIRST THOUGHTS LIES AND LOTIONS Myths About Lotion and Lotionmaking LOTION LINGO Learning the Jargon WHAT IS LOTION ANYWAY What It Is and What Goes Into It THE TWO WAYS TO SANITIZE LOTION And How to Choose Between Them WHAT DO I PUT IT IN Choosing Your Bottles WHAT DO I USE TO MAKE IT Gathering the Equipment You Need STEP BY STEP LOTIONMAKING From Prep to Cleanup and Beyond TESTING YOUR LOTION Making Sure It s Safe MORE RECIPES Different Lotions You Can Try MILK LOTION RECIPES Treating Your Skin to Milk DESIGNING YOUR OWN How to Create Great Recipes TROUBLESHOOTING Tricks Tweaks and Fixes MAKING IT A BUSINESS How to Go Pro Not Bust WHY WHY WHY Frequently Asked Questions WHERE TO READ MORE WHERE TO GET TESTING WHERE TO GET SUPPLIES

Smart Soapmaking Anne L. Watson, 1900 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU LL NORMALLY HEAR BACK WITHIN HOURS Maybe you d like to make your own soap but you re worried that working with lye is too difficult or dangerous Maybe you re scared off by beginner books that go on for hundreds of pages and leave you less confident than before Or maybe you re already making soap but you wonder if methods you ve learned are slower and more complicated than they need to be Whether beginner or advanced you ll find *Smart Soapmaking* practical helpful and refreshing Written by a former

professional soapmaker it explodes the myths about soapmaking and shows you how to make wonderful soap from scratch with the least fuss and bother You ll get a wide variety of recipes plus you ll learn how to modify them and create new ones Want to make a luxurious gift soap Or one that s all natural with no artificial ingredients Maybe a moisturizing soap for dry skin Or one with a trending oil not yet in books With Smart Soapmaking you can do all that and more to get exactly the soap you want Anne L Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers She has made soap under the company name Soap Tree and before her retirement from professional life she was a historic preservation architecture consultant Anne and her husband Aaron Shepard live in Bellingham Washington

RECOMMENDED BY THE HANDCRAFTED SOAP COSMETIC GUILD The only book you ll ever need Mother Earth News Feb Mar 2019 Should become THE book for soapmaking It s about time someone wrote a book like this Most are idealistic and inaccurate This book has a wonderful common sense approach that is SO long overdue I can recommend it with 100% confidence Susan Kennedy Oregon Trail Soaps Rogue River Oregon Smart it is A simple no nonsense book that cuts through the curmudgery of stifling soap bibles like no other Shellie Humphries Harstine Island Washington A great book for beginners with clear and easy instructions Anne Marie Faiola Bramble Berry Inc Bellingham Washington I learned more from Smart Soapmaking than from any other soaping book and I have read quite a few It s written with the average person in mind not a chemistry major Directions are very simple and easy to understand It really takes the mystery out of making soap Jackie Pack Stuart Virginia Groundbreaking Anne L Watson is the universally respected and loved author crafter curator of this lost art for thousands of aspiring soapers Unquestionably the best book with which to begin To be precise it s probably the most accessible most reader friendly and most immediately useful container of information a first time soapmaker could hope to find Wishing Willow blog BRILLIANT to find the recipes are in grams as well as ounces Jude Birch Aussie Soap Supplies Bicton West Australia

Smart Sourdough Mark Shepard, 2021-09-15 NO STARTER NO WASTE NO CHEAT NO FAIL 100% NATURALLY FERMENTED BREAD IN JUST 24 HOURS WITH YOUR HOME PROOFER INSTANT POT SLOW COOKER SOUS VIDE COOKER OR OTHER WARMER There s sourdough and then there s SMART sourdough a whole new approach to an ancient bread Most sourdough recipes lead you through days or even weeks of developing a starter before you can make your bread and then into a lifetime of maintaining that starter But this book is based on the belief that all that rigmarole is no longer needed With modern methods of regulating temperature and with the easy availability of baker s yeast honest to goodness naturally fermented sourdough bread can be made from start to finish in less than a day With all the benefits of naturally fermented sourdough it s only the hassle of making it that has discouraged home bakers Well hassle no more The age of smart sourdough has arrived Mark Shepard began baking his own sourdough bread in 1979 and went on to publish the bestselling booklet Simple Sourdough In 2012 he began developing a sourdough method that s even simpler and more reliable one that could be used by anyone with no fear of failure Mark now lives in Bellingham Washington with his wife

and fellow author Anne L Watson A guidebook that introduces a quicker easier and more modern method for creating homemade sourdough bread His straightforward strategy is particularly notable in that it takes less than a day and doesn't use a starter The author provides useful chapters spotlighting how bakers can customize dough formation and taste variations based on loaf size sourness level and flavor diversifications methods for rye buckwheat tomato basil chocolate cherry and other loaves are included as well as sections on bread bowls pizza crusts and pancakes Generously illustrated with charts illustrations and photographs Overall Shepard's book will encourage home bakers of any skill level to embark on a new quicker and easier way to make their own bread A splendid and novel approach that takes the mystery out of a formerly time consuming process Kirkus Reviews April 22 2022 A fresh new look at making your own sourdough I love Mark's attention to detail No matter your setup tools or needs he's got you covered I questioned his use of a pinch or two of baker's yeast but his research and experiments have me sold His recipes combine the advantages of cultivated yeast and naturally occurring sourdough bacteria to make bread that actually rises and doesn't take days to make Holly Howe author of Fermentation Made Easy Mouthwatering Sauerkraut Mark Shepard shares how to make sourdough bread with its characteristic flavor and health benefits without maintaining a long term starter It's relevant to anyone looking to save time in the kitchen learn a new technique or just read a very detailed and interesting book on sourdough Emily Buehler author of Bread Science The Chemistry and Craft of Making Bread

Smart Yogurt Mark Shepard, 2025-07-01 Yogurt is the quickest and simplest of all the fermented foods you can make at home or it SHOULD be More recent methods tend to complicate the process or make it less efficient Smart Yogurt strips away unnecessary steps and identifies the most practical equipment so your prep takes no more than a few minutes But maybe you have special needs or goals for your yogurt For those who want to go beyond basics Smart Yogurt presents a wealth of possibilities Improving taste and texture without adding to prep time Adding natural flavors and colors before incubation without interfering with firming Making your own lactose free yogurt to increase tolerance Boosting your yogurt's probiotic value by starting it from scratch without any yogurt starter dried heirloom culture or probiotic tablets Making your own non dairy yogurt without thickeners or stabilizers Whether you want to simplify your yogurt making explore new options or just understand all the ways milk can be turned into one of the world's most popular foods Smart Yogurt is your guide Mark Shepard is the author of two popular books on sourdough Simple Sourdough and the revolutionary Smart Sourdough among others He has made fermented foods yogurt sourdough pickles and more for much of half a century Mark now lives in Bellingham Washington with his wife and fellow author Anne L Watson Slim but thorough This valuable guide's explanations and examples will inspire both new and veteran yogurt makers Kirkus Reviews June 20 2025 CONTENTS Getting Started Yogurt Facts and Fictions Minimizing Prep Optimizing Output Improving Taste and Texture Adding Natural Flavors Reducing Intolerance Boosting Probiotics Appendix The Non Dairy Option GETTING STARTED excerpt Let's handle a few basic questions up front Why eat yogurt It's a tasty food that's both

healthful and satisfying It has all the nutrients of regular milk and more in a form that may be digestible even for those who cannot otherwise tolerate dairy Most yogurt also contains live bacteria that can be beneficial to gut health Why make your own One reason might be saving money The cost of homemade yogurt could be as low as a quarter of the cost of store bought And it s never likely to rise above half even if you splurge on premium milk Another reason might be to avoid commonly added ingredients like thickeners and stabilizers You might also want a specialized yogurt that s hard or impossible to get commercially a yogurt with even richer taste or with lactose more heavily reduced or with greatly strengthened probiotics Why not make your own There are good reasons here too Most home recipes are exacting and time consuming And in the end you may wind up with a product you like less than commercial yogurt with little or no added health benefit I stopped making my own yogurt for years because it didn t seem worth the effort Eventually though my experiments convinced me otherwise and led me to write this book Here I hope to put to rest your reasons against and strengthen your reasons for while also exploring possibilities that might be entirely new to you *Smart Housekeeping Around the Year* Anne L.

Watson,2017-03-01 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU LL NORMALLY HEAR BACK WITHIN HOURS In this standalone companion to *Smart Housekeeping* Anne L Watson presents tips on cleaning organizing decluttering furnishing maintaining and managing your home as you d face those tasks around the year Travel with Anne through the calendar as she deals with every aspect of keeping the things around you just the way you want them New homemakers will gain skills and perspective while even veterans will find unique tips and insights All delivered with a wit and frankness not seen in housekeeping books since the days of Peg Bracken Anne s almanac also features the return of her photogenic family of felted mice After their brief introduction in *Smart Housekeeping* Lady Mouse and the rest now return joined by even more critters to help Anne illustrate many of her tips and add a touch of whimsy for readers delight Anne L Watson is the author of *Smart Housekeeping* as well as a number of other popular books on home crafts and lifestyle plus many novels In a previous career she was a historic preservation architecture consultant Anne lives in Bellingham Washington *SAMPLE Housekeeping* has gotten a bad rap Somehow the subject has shrunk to discussions of clutter control and cleaning a bit like when your mom told you to pick up your room But that s the dull part Necessary of course I wrote a book *Smart Housekeeping* that s mostly about getting to a state of order But housekeeping is no more about clutter control than gardening is about weeding Yes you have to do some of both but why stop short of the interesting stuff Housekeeping is making yourself comfortable in your home whatever that takes A lot of housekeeping is about what you do and why you do it after you ve taken care of the obvious chores How do you set up a guest room Unclog a sink Keep garbage odors out of the kitchen Arrange toy storage so that the kids will use it on their own What s the best way to wash a family quilt To be safe on a ladder To choose appliances Housekeeping isn t just housework it s setting the stage for your whole life at home which includes play enjoyment and creativity This book is

arranged as an almanac because the more skilled housekeeping tasks tend to follow the calendar We do what we need to for seasonal celebrations and we try to get the weather on our side when we paint a room air dry a comforter or get the carpets steam cleaned Other tasks and concerns are less linked to the seasons but also don't need to be revisited often once you've arranged things to please yourself So considering them on an annual basis is probably about right You may want to use this book as much as a reference as a read through especially if your seasons are different from mine or even nonexistent Smart Housekeeping featured felted white mice at least on the cover As mice will do they have now taken over the house and are shown throughout this book doing their chores handling household crises and entertaining other small animals And they step out each month enjoying adventures together and just having fun I recommend that for all of us Milk Soapmaking Anne L. Watson, 1900 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS Do you love the feel of milk soaps but shy away from the cost Are you looking for a special kind of gift you can make yourself Or do you already make soap and want to try something new Anne L Watson's Smart Soapmaking was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking Now by popular demand she continues her soapmaking revolution with the first practical comprehensive book on making milk soap from scratch Experience the rich soothing luxurious feel of milk soap you've made yourself Your skin will thank you for it Anne L Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers She has made soap under the company name Soap Tree and before her retirement from professional life she was a historic preservation architecture consultant Anne and her husband Aaron Shepard live in Bellingham Washington Beautiful in its simplicity A definitive book for experienced as well as beginning milk soapers Rebekah Bailey The Original Soap Dish South Whitley Indiana An easy to read and understand book that will take the mystery out of milk based soapmaking and debunk some of the myths surrounding it It contains some great basic formulas to get you started making milk soaps of any kind and fuel to let your imagination run wild when you are ready to formulate your own creations A good source of information for new soapmakers and also suitable for more experienced soapmakers who want to start making milk soaps but thought it would be too difficult Amanda Guilfoyle Bodelicious Bath Body Products Ipswich Queensland Australia As always Anne is up to her usual excellence This book demystifies milk soapmaking so everyone can have the luxury of a truly decadent bar of soap easily LOVE this book Susan Kennedy Oregon Trail Soaps Rogue River Oregon If you have an interest in milk soaps this is the book for you Debunks much of the popular wisdom that may have discouraged some soapmakers Kevin M Dunn Author Scientific Soapmaking and Caveman Chemistry As uber soapmaker Anne L Watson demonstrates milk soaps made properly are rightfully well known for a quality of luxurious buttery softness that is undeniable Anne once again acquits herself ably as a scholar of the suds and a natural communicator Wishing Willow blog Enthusiastically recommended Midwest Book Review Feb 2009 Reviewer's

Choice Full of information that milk soapers whether novice or experienced could use to make better milk soaps Anne writes in a conversational style that made me feel as though I were sitting down with her in her kitchen Anne details what seems to be everything there is to know about the subject Rather than simply offering her opinions and favorite practices Anne did extensive testing and experimenting learning how to make the best milk soap bars that could be made Soapmakers will be impressed with the amount and quality of Anne s research and observations That leaves the question Can a neophyte made good cold process milk soap I now say yes with the caveat they have Milk Soapmaking in hand Beth Byrne The Saponifier Sept Oct 2010

Baking with Cookie Molds Anne L. Watson, 2021-09-14 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU LL NORMALLY HEAR BACK WITHIN HOURS Beautiful to look at but hard to use That s the reputation of cookie molds But should it be In this groundbreaking book Anne L Watson restores cookie molds to an honored place in the baker s kitchen by revealing long lost secrets of their use With Anne s techniques and recipes tasty cookies with lovely detailed designs will literally fall from the mold into your hand Learn how to make traditional molded cookies like speculaas springerle and shortbread as well as modern ones like White Chocolate Lime Cookies and Orange Blossom Wedding Cookies Learn the tricks of sandwich cookies layer cookies chocolate backing and exhibition cookies And learn about the molds themselves the many kinds their history the best places to find them how to treat them what makes a good one and which to avoid entirely With nearly two dozen recipes and almost a hundred photos Baking with Cookie Molds will quickly have you making cookies that both amaze and delight Anne L Watson is the author of a number of popular books on home crafts and lifestyle as well as children s books and many novels In a previous career she was a historic preservation architecture consultant Anne lives with her husband and photographer Aaron Shepard in Bellingham Washington Expert instructions guarantee readers a frustration free experience when using decorative metal earthenware and wooden molds After reading this you ll want to snatch them up Lisa Campbell Library Journal Sept 15 2015 STARRED REVIEW A tasty treat of practical cookie making historical cookie mold information and a wide range of recipes all served with appetizing sides of baking history and great photographs Kirkus Reviews June 16 2015 Anne L Watson deserves big hugs from bakers everywhere for resurrecting the beautiful and tasty art of baking with cookie molds Loaded with practical advice on everything from the care and cleaning of molds to proper recipe formulation and molding technique Baking with Cookie Molds provides all the know how one needs to put retired molds back where they belong off walls and out of cupboards and into action in our kitchens Julia Usher author Cookie Swap and Director International Association of Culinary Professionals Cookie molds are lovely to admire but often end up as part of your kitchen decor rather than as a baking tool Baking with Cookie Molds will inspire you to use those molds as they were intended to create strikingly beautiful cookies and shows that those cookies can be delicious as well Detailed instructions and photographs make it feel like the author is right there in your kitchen baking alongside you and guiding you through each

step Christina Banner author How to Build a Gingerbread House A must read for novice and avid bakers Anne's story and vast knowledge of cookie molds keeps you entertained from beginning to end Karen Giamalva President and CEO LetsBakeCookies.com Friendly warm and inviting Ken Hamilton The Springerle Baker A honey of a collection of old and new secrets for shaping edible art cookies with less effort and more success Will do much to keep this tradition alive Gene Wilson HOBI Cookie Molds

Cool Soapmaking Anne L. Watson, 1900 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS Soapmakers may love to add a variety of materials to soap but they find that some cause more trouble than others In the heat of the chemical reaction an ingredient might discolor or lose its scent or develop a bad smell Or it might cause problems during soapmaking giving off noxious fumes or making the soap harden so fast that there's no time to pour it in the mold Help has arrived Anne L Watson extends the low temp techniques from her book Milk Soapmaking to making soap from a variety of special ingredients including cucumber citrus pine tar beer and wine Soaps that have long challenged home soapmakers will now pose no problem at all Anne L Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers She has made soap under the company name Soap Tree and before her retirement from professional life she was a historic preservation architecture consultant Anne and her husband Aaron Shepard live in Bellingham Washington

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Castile Soapmaking Anne L. Watson, 1900 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS For centuries the name Castile has been associated with the highest quality in soap But Castile made from olive oil traditionally in factories has proven hard to translate to craft soapmaking It has earned a reputation as difficult to make slow to cure and lacking in rich lather Until now Anne L Watson author of Smart Soapmaking continues her soapmaking revolution with the first practical book on making Castile soap bars at home With the secrets revealed in this advanced guide you'll be making lovely quick

curing lather rich Castile quickly safely and reliably Anne L Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers She has made soap under the company name Soap Tree and before her retirement from professional life she was a historic preservation architecture consultant Anne and her husband Aaron Shepard live in Bellingham Washington CONTENTS GETTING STARTED Facts and Myths About Castile THE KEYS TO CASTILE Moving It from Factory to Kitchen WHAT DO I PUT INTO IT The Ingredients of Castile WHAT DO I USE TO MAKE IT Gathering the Equipment You Need Recipe Anne s Classic Castile STEP BY STEP CASTILE SOAPMAKING From Prep to Cleanup and Beyond MORE RECIPES Different Castile Soaps You Can Try Recipe Milk Castile Recipe Herbal Castile Recipe Oatmeal Castile Recipe Cleansing Castile Recipe Gardener s Lemon Poppy Seed Castile Recipe Castor Castile Recipe Coconut Castor Castile Recipe Tropical Castile WHY WHY WHY Frequently Asked Questions WHERE TO FIND MORE

Smart Housekeeping Anne L. Watson, 2016-09-06 SPECIAL NOTE ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK ASK ON HER WEB SITE AND YOU LL NORMALLY HEAR BACK WITHIN HOURS There s no shortage of experts to cheerfully advise you on how to declutter organize and clean your home But do they know what YOU want and need Or are they only pushing rigid quirky systems that ignore people s differences and how we really live With insight wit and common sense Smart Housekeeping cuts through the clutter of questionable and often silly advice to offer practical keys to reclaiming and maintaining your home Anne L Watson is the author of a variety of works including literary novels soapmaking manuals and two cookie cookbooks She is also retired from a long and honored career as a historic preservation architecture consultant Anne lives apart together with her husband fellow author and publisher Aaron Shepard in Bellingham Washington CONTENTS Getting Started A Decluttering Tale Keys to Decluttering Step by Step Decluttering Clutter Control Keys to Organizing Keys to Cleaning Sharing the Load A Few Final Keys

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Smart Lotionmaking Smart Lotionmaking Introduction

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