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concepts into a mathematical representation of the physical reality and the solution of the resulting boundary value problems using Abaqus. The reader can follow a process to recreate every example using Abaqus graphical user interface CAE by following step by step directions in the form of pseudo code or watching the solutions on YouTube. The first seven chapters provide material ideal for a one semester course. Along with offering an introduction to finite element analysis for readers without prior knowledge of the finite element method, these chapters cover the elasticity and strength of laminates, buckling analysis, free edge stresses, computational micromechanics, and viscoelastic models for composites. Emphasizing hereditary phenomena, the book goes on to discuss continuum and discrete damage mechanics as well as delaminations and fatigue. The text also shows readers how to extend the capabilities of Abaqus via user subroutines and Python scripting. Aimed at advanced students and professional engineers, this textbook features 62 fully developed examples interspersed with the theory, 82 end of chapter exercises, and 50 separate pieces of Abaqus pseudo code that illustrate the solution of example problems. The author's website offers the relevant Abaqus and MATLAB model files available for download, enabling readers to easily reproduce the examples and complete the exercises. <https://barbero-cadec.online.com/feacm/abaqus/index.html>. Video recording of solutions to examples are available on YouTube with multilingual captions.

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