

GROWTH MINDSET

MISTAKES
HELP ME
LEARN

FEEDBACK IS
VALUABLE

I IMPROVE
WITH
PRACTICE

IS THIS
MY BEST
WORK?

I WON'T
GIVE UP



FIXED MINDSET

I WANT TO
AVOID MAKING
MISTAKES

I'LL NEVER BE
THAT SMART

I KNOW
BEST

I
GIVE UP

THIS IS
GOOD
ENOUGH



6 Guide Self Help Mindset

Yi-Tong Ma

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

6 Guide Self Help Mindset:

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