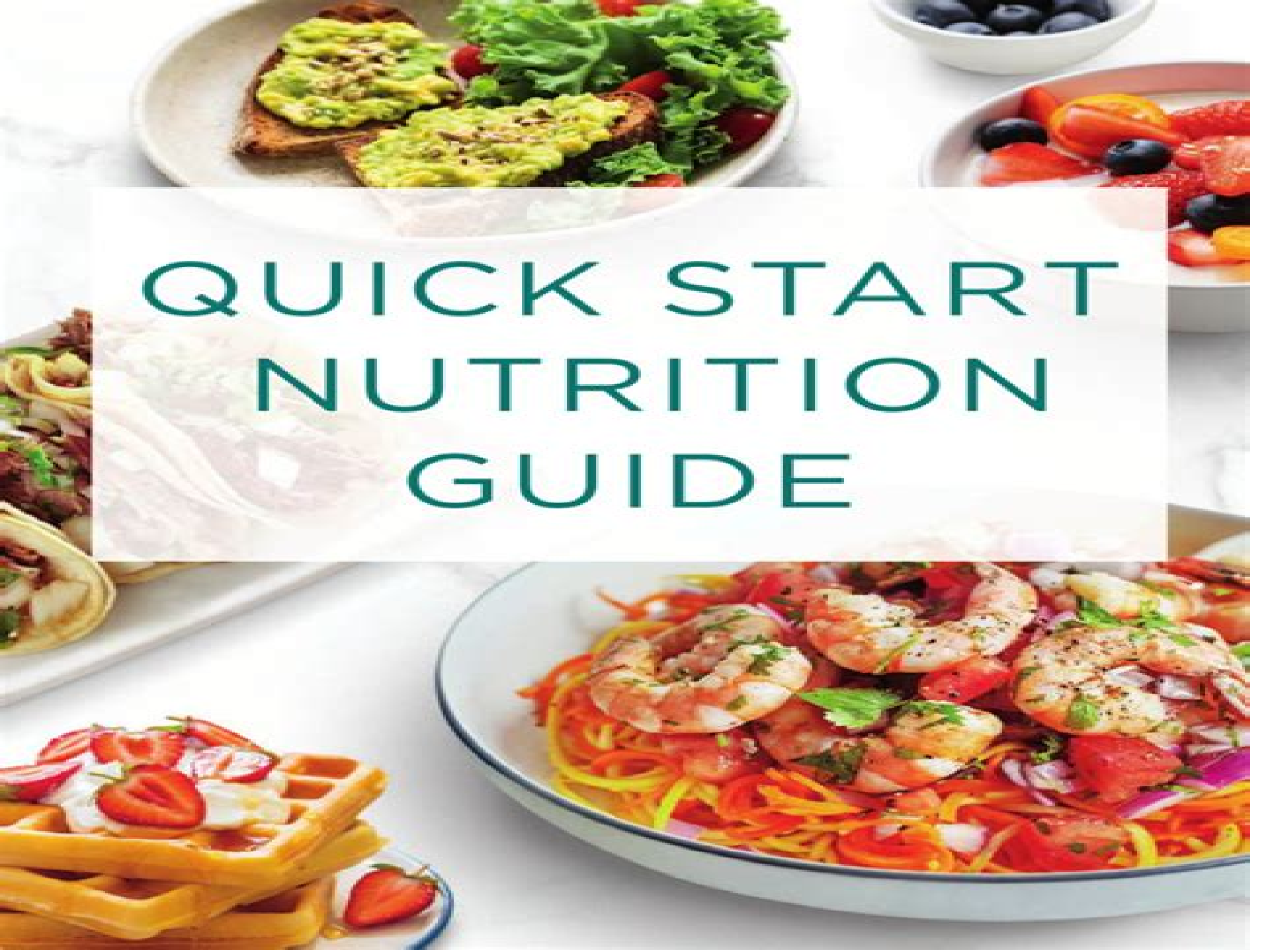




QUICK START NUTRITION GUIDE

Quick Start Nutrition Fundamentals

Karen C. Comerford



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