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READING



- ☐ A book that's published in 2020
- A book by a trans or nonbinary author
- A book with a great first line
- A book about a book club
- A book set in a city that has hosted the Olympics
- ☐ A bildungsroman
- The first book you touch on a shelf with your eyes closed
- □ A book with an upside-down image on the cover
- A book with a map
- A book recommended by your favorite blog, vlog, podcast, or online book club
- ☐ An anthology
- ☐ A book that passes the Bechdel test
- A book with the same title as a movie or TV show but is unrelated to it
- ☐ A book by an author with flora or fauna in their name
- A book about or involving social media
- A book that has a book on the cover
- □ A medical thriller
- ☐ A book with a made-up language
- A book set in a country beginning with "C"
- ☐ A book you picked because the title caught your attention

- A book published the month of your birthday
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- A book that won an award in 2019
- A book on a subject you know nothing about
- ☐ A book with only words on the cover, no images or graphics
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- ☐ A book with a robot, cyborg, or Al character
- A book with a bird on the cover
- A fiction or nonfiction book about a world leader
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- A book by a WOC
- ☐ A book with at least a four-star rating on Goodreads
- ☐ A book you meant to read in 2019
- A book with a three-word title
- A book with a pink cover
- ☐ A Western
- ☐ A book by or about a journalist
- ☐ Read a banned book during Banned Books Week
- ☐ Your favorite prompt from a past POPSUGAR Reading Challenge



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the latest medications and behavioral management techniques that work inside and outside the classroom plus guidance toward alleviating individual struggles including inattention impulsivity executive function and subject specific academic issues Readers learn how to create a collaborative care team by bringing parents teachers doctors therapists and counselors on board to build a comprehensive management plan as well as the practical techniques they can use every day to provide these children the support they need to be their very best Attention Deficit Hyperactivity Disorder cannot be cured but it can be managed successfully This book is an insightful guide to supporting children and teens with ADHD and giving them the mental emotional and practical tools that boost their confidence and abilities and enable them to thrive Investigate comprehensive treatments including ADHD coaching Learn strategies for strengthening organization working memory and other executive functions Understand effective classroom management of students with ADHD Discover ways to help struggling children succeed despite the challenges The ADHD Book of Lists is the complete easy to reference guide to practical ADHD management and will be a go to resource for parents teachers clinicians and others involved in the care and education of students with ADHD The Writing Productivity Bundle Monica Leonelle, 2021-01-06 The Writing Productivity Bundle contains three books The 8 Minute Writing Habit Write Better Faster and Dictate Your Book THE 8 MINUTE WRITING HABIT Ready to establish a consistent writing habit once and for all Monica Leonelle digs into the best literature on forming habits and shares the top strategies professional authors are using to make sure they write each and every day Each tip is easy to implement and will get you writing more in the in betweens the inactive moments of your life where you are commuting waiting in line or otherwise physically stuck with your brain unoccupied If you ve struggled to find time to write due to a day job family or an active busy lifestyle this book will help you clear your blocks around writing for good and get you writing more often just a few words at a time For writers who still haven t found their rhythm and don t have time for long experiments tracking spreadsheets or full pomodoros establish a writing habit that actually fits into your life BONUS This book includes the full 8x8 Challenge 8 days to implement the very best shortcuts to writing more 8 minutes at a time WRITE BETTER FASTER In 2012 fiction author Monica Leonelle made a life changing decision to learn to write faster Through months of trial and error hundreds of hours of experimentation and dozens of manuscripts she tweaked and honed until she could easily write 10 000 words in a day at speeds over 3500 words per hour She shares all her insights secrets hacks and data in this tome dedicated to improving your writing speeds skyrocketing your monthly word count and publishing more books You ll learn The Writing Faster Framework that Monica used to reach speeds of 3500 new fiction words per hour The tracking systems you need to double or triple your writing speed in the next couple months The killer 4 step pre production method Monica uses to combat writer s block no matter what the project is The secrets to developing a daily writing habit that other authors don't talk about enough How Monica went from publishing only one book per year from 2009 2013 to publishing 8 books in a single year in 2014 For serious authors both beginner and advanced who want to

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