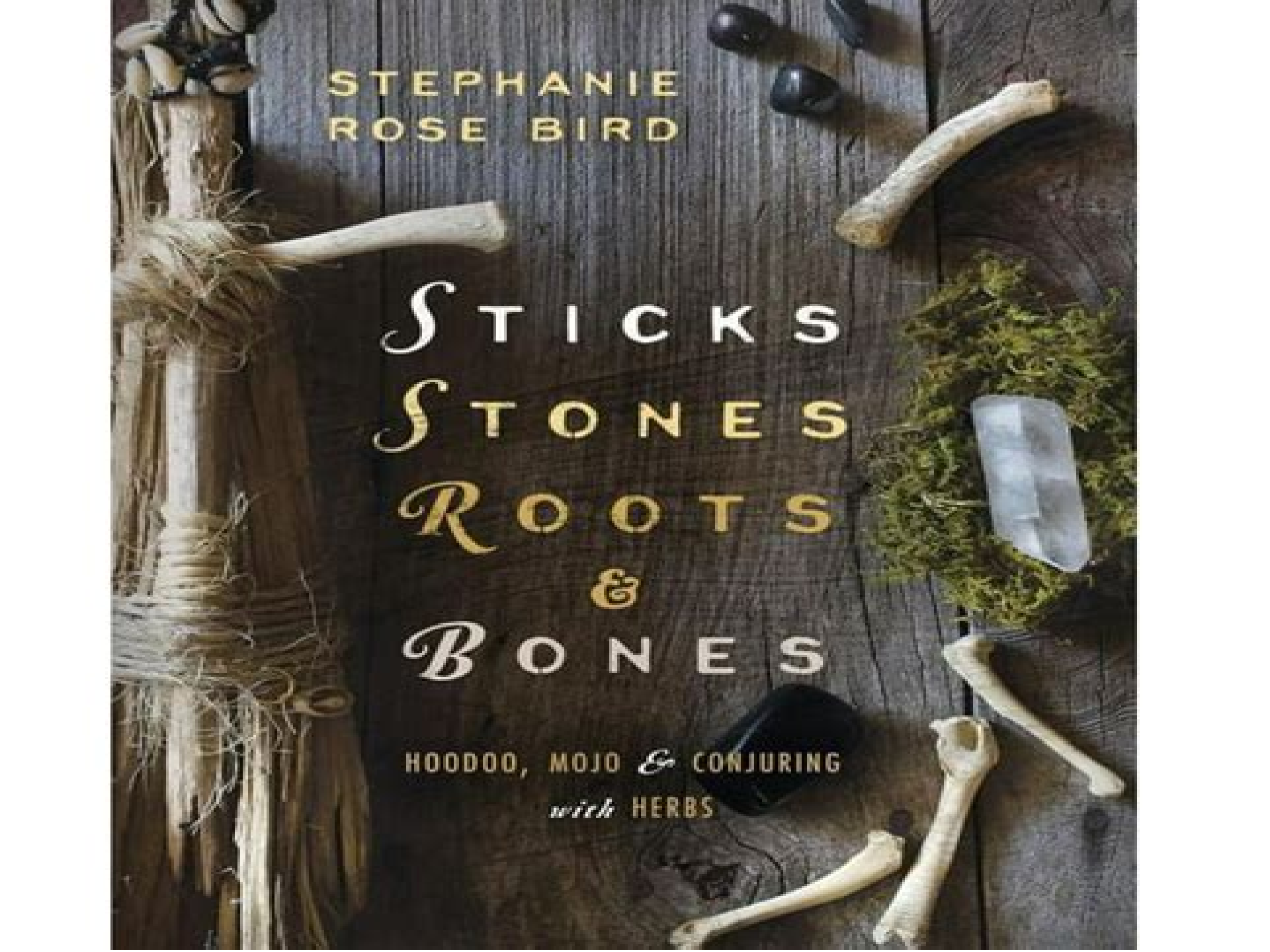




STEPHANIE
ROSE BIRD

STICKS
STONES
ROOTS
&
BONES

HOODOO, MOJO & CONJURING
with HERBS

Sticks Stones Roots Bones Hoodoo Mojo Conjuring With Herbs

Stephanie Rose Bird



Sticks Stones Roots Bones Hoodoo Mojo Conjuring With Herbs:

Sticks, Stones, Roots & Bones Stephanie Rose Bird, 2004 Tracing the magical roots of hoodoo back to West Africa the author provides a history of this nature based healing tradition and offers practical advice on how to apply hoodoo magic to everyday life

Va-Va-Voodoo! Kathleen Charlotte, 2007 A perfect blend of practical magic and inspiring down to earth advice this one of a kind book includes magic rituals charms aphrodisiacs and spells as well as helpful relationship tips regarding communication self esteem intimacy sex breakups and forgiveness written by a relationship counselor and voodoo initiate

Four Seasons of Mojo Stephanie Rose Bird, 2006 The changing of the seasons can feel magical greens changing to browns and golds snow melting to show fresh buds We all recognize these tell tale signs but few are aware of the powerful impact each season has on our spiritual lives Four Seasons of Mojo infuses ancient techniques rituals and methods from around the world to use each season's inherent energies to supplement body mind and soul Designed to further spiritual practices by learning from neighboring cultures this book provides readers with useful ideas unrestricted by geographic borders ethnicity religion or magical path Included are recipes and concepts from the Caribbean African American soul food Buddhist Meditation practices sacred Hindu rites Old European traditions Australian Aboriginal dreaming lessons and Native American wisdom

Encyclopedia of American Folklore Linda Watts, 2020-07-01 Folklore has been described as the unwritten literature of a culture its songs stories sayings games rituals beliefs and ways of life Encyclopedia of American Folklore helps readers explore topics terms themes figures and issues related to this popular subject This comprehensive reference guide addresses the needs of multiple audiences including high school college and public libraries archive and museum collections storytellers and independent researchers Its content and organization correspond to the ways educators integrate folklore within literacy and wider learning objectives for language arts and cultural studies at the secondary level This well rounded resource connects United States folk forms with their cultural origin historical context and social function Appendixes include a bibliography a category index and a discussion of starting points for researching American folklore References and bibliographic material throughout the text highlight recently published and commonly available materials for further study Coverage includes Folk heroes and legendary figures including Paul Bunyan and Yankee Doodle Fables fairy tales and myths often featured in American folklore including Little Red Riding Hood and The Princess and the Pea American authors who have added to or modified folklore traditions including Washington Irving Historical events that gave rise to folklore including the civil rights movement and the Revolutionary War Terms in folklore studies such as fieldwork and the folklife movement Holidays and observances such as Christmas and Kwanzaa Topics related to folklore in everyday life such as sports folklore and courtship dating folklore Folklore related to cultural groups such as Appalachian folklore and African American folklore and more

Llewellyn's Complete Book of North American Folk Magic Cory Thomas Hutcheson, 2023-04-08 From the cohost of the popular podcast New World Witchery more than twenty diverse traditions

from New England to the West Coast Drawing on the expertise of twenty four renowned practitioners this book features contemporary folk traditions from all over North America Diverse as the landscapes they thrive on these authentic practices will expand your worldview and inspire you to enrich your own spirituality Explore the history tools and spiritual beliefs of many different paths of folk magic from Mexico the United States and Canada You ll tour the continent s rich and varied cultures region by region taking an insider s look at more than twenty traditions including Appalachian Mountain Magic Brujeria Curanderismo Detroit Hoodoo Florida Swamp Magic Irish American Folk Magic Italian American Magic Melungeon Folk Magic New England Cunning Craft New Orleans Voodoo Ozark Folk Magic Pennsylvania Powwow Braucherei Slavic American Folk Magic Southern Conjure Contributors include Stephanie Rose Bird H Byron Ballard Starr Casas Ixtol Paloma Cervantes Kenya T Coviak J Allen Cross Alexander Cummins Morgan Daimler Mario Esteban Del Angel Guevara Lilith Dorsey Morigane Feu Via Hedera Cory Thomas Hutcheson Melissa A Ivanko Murray E F E Lacharity Dee Norman Aaron Oberon Robert Phoenix Jake Richards Sandra Santiago Robert L Schreier Eliseo Cheo Torres Benbell Wen Brandon Weston Rich engaging and incredibly diverse this book gives us irreplaceable and enlightening glimpses into every folk magic you can imagine from the South to the North and all the way out West A must have book for any folk practitioner Frankie Castanea AKA Chaotic Witch Aunt author of *Spells for Change* *African American Folk Healing* Stephanie Mitchem, 2007-07 Cure a nosebleed by holding a silver quarter on the back of the neck Treat an earache with sweet oil drops Wear plant roots to keep from catching colds Within many African American families these kinds of practices continue today woven into the fabric of black culture often communicated through women Such folk practices shape the concepts about healing that are diffused throughout African American communities and are expressed in myriad ways from faith healing to making a mojo Stephanie Y Mitchem presents a fascinating study of African American healing She sheds light on a variety of folk practices and traces their development from the time of slavery through the Great Migrations She explores how they have continued into the present and their relationship with alternative medicines Through conversations with black Americans she demonstrates how herbs charms and rituals continue folk healing performances Mitchem shows that these practices are not simply about healing they are linked to expressions of faith delineating aspects of a holistic epistemology and pointing to disjunctures between African American views of wellness and illness and those of the culture of institutional medicine **The Healing Tree** Stephanie Rose Bird, 2025-09-12 A beautiful blend of folklore botanical science acquired wisdom and spiritual guidance from the foreword by Luisah Teish If you want to learn about the reciprocal spiritual connection between humans and trees you re going to love this beautiful book Tess Whitehurst author of *The Magic of Trees* Reclaiming traditional botanical and herbal practices has never been more important than it is today So much of our future depends on our ability to use ancient earth knowledge In this crucially important book author Stephanie Rose Bird recounts the story of the sacred wood how to live in it learn from it and derive spiritual enrichment from it as well as how to preserve and protect it *The Healing Tree*

offers functional accessible recipes remedies and rituals derived from a variety of African and African American traditions to serve mind body soul and spirit The Healing Tree celebrates the forest its powers spirits magic medicine and mysteries Bird shares how trees have provided her with personal healing then allows us to share in that process for our own benefit Bird's book follows her own personal journey but Africa is always her touchstone the persistent and tenacious ancestral mother wisdom and spiritual foundation that refuses to fade away The Healing Tree preserves this knowledge presenting it as relevant and viable and demonstrating in intimate detail how vestiges of that knowledge took root in the Western Hemisphere in African American culture and more broadly in American culture in general Previously published as A Healing Grove this updated edition includes a new preface by the author and a source guide for the botanicals discussed within

Incense Carl F. Neal, 2025-08-05 With new recipes and information on dozens of new ingredients this expanded and updated edition of Incense is an essential guide to making your own homemade blends with natural ingredients Join author Carl F Neal as he presents an extensive collection of incense knowledge including 129 recipes and helpful descriptions of 125 ingredients twenty nine base materials sixteen binders and two new rituals Whether you want to make loose stick coil or cone incense this comprehensive edition provides detailed instructions for everything from finding the right ingredients to proper drying methods With expanded sections on basic techniques natural charcoal and shopping for ingredients at the local super market this is the perfect book to help you explore your scentuality Praise One of the most readable books on the subject of incense I have read in many years Mike Gleason PaganNews.com Incense Crafting Use of Magickal Scents is an impressive book on a subject that has not been done to death in other books If you are interested in making your own incense or just want to know more about incense and how it is made you'll want a copy of this book eCauldron.net review This is an excellent book for those with an interest in incense making or who are just starting out and as Neal notes even if you don't end up making your own incense you'll have a much better idea of what goes into the process and which things to consider when purchasing off the shelf at your local shop SpiralNature.com As an herbalist craftsperson and teacher myself I find this book essential I highly recommend it and will sell it at my own store New Age Retailer **Felicitous Foods** Dana Saqua, Salt Fat Acid Heat but make it magic For the kitchen witch with enough cookbooks Felicitous Foods is a user friendly and information dense volume for the curious cook who is interested in the magical properties of foods herbs and spices Have all of your food related magical information at your fingertips with a dash of history and a pinch of suggested uses This volume breaks down over three hundred food items by magical property flavor profile and suggests what other food items are most likely to pair with them Learn the elemental and magical properties of wine but also wines broad categories and examples of what cheeses might pair the best with them While Felicitous Foods includes handy sections on setting intention and magical correspondences by popular topics Luck Protection Abundance etc the emphasis on flavor pairings makes Felicitous Foods accessible to all people who are interested in adding a little spice to their magical life *The Witch's Book of Spellcraft*

Jason Mankey, Matt Cavalli, Amanda Lynn, Ari Mankey, 2022-03-08 Everything You Ever Wanted to Know about Spellcraft
Whether you desire love money luck or protection this book includes the techniques you need to manifest your will in the world This fascinating collection of magick covers everything from moon energy and herbs to creative visualization and poppets Learn how to write your own spells or practice some that are tried and true This book includes nearly a hundred spells from the four authors as well as contributing Witches such as Madame Pamita Astrea Taylor Thorn Mooney and others The Witch s Book of Spellcraft shares enchantments for spiritual cleansing driving away enemies bonding with your animal companion and other specific needs You will discover magickal uses for candles crystals knots oils incense and much more With expert advice on so many types of magick this comprehensive guide is sure to become a well loved part of your collection

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