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Circuit Rowan Ricardo Phillips, 2025-06-25 Winner of the 2019 PEN ESPN Award for Literary Sports Writing The Circuit is the best sports book I ve read in years maybe ever Rich Cohen author of The Chicago Cubs and Monsters As sports writing goes The Circuit is unusual in the very best way Rowan Ricardo Phillips writes with such fluidity and packs the book with bursts of brilliance This is a compulsively readable guide to one truly Homeric year of professional tennis John Green author of The Fault in Our Stars An energetic lyrical genre defying account of the 2017 tennis season In The Circuit A Tennis Odyssey the award winning poet and Paris Review sports columnist Rowan Ricardo Phillips chronicles 2017 as seen through the unique prism of its pivotal revelatory and historic tennis season. The annual tennis schedule is a rarity in professional sports in that it encapsulates the calendar year And like the year it s divided into four seasons each marked by a final tournament the Grand Slams Phillips charts the year from winter's Australian Open where Roger Federer and Rafael Nadal renewed their rivalry in a match for the ages to fall s U S Open Along the way Phillips paints a new vibrant portrait of tennis one that captures not only the emotions nerves and ruthless tactics of the point by point game but also the quicksilver movement of victory and defeat on the tour placing that sense of upheaval within a broader cultural and social context Tennis has long been thought of as an escapist spectacle a bucolic separate bauble of life The Circuit will convince you that you don t leave the world behind as you watch tennis you bring it with you Leon Russell Bill Janovitz, 2023-03-14 The definitive New York Times bestselling biography of legendary musician composer and performer Leon Russell who profoudly influenced George Harrison the Rolling Stones Eric Clapton Elton John Willie Nelson Tom Petty and the world of music as a whole Leon Russell is an icon but somehow is still an underappreciated artist He is spoken of in tones reserved not just for the most talented musicians but also for the most complex and fascinating His career is like a roadmap of music history often intersecting with rock royalty like Bob Dylan the Stones and the Beatles He started in the Fifties as a teenager touring with Jerry Lee Lewis going on to play piano on records by such giants as Frank Sinatra The Beach Boys and Phil Spector and on hundreds of classic songs with major recording artists Leon was Elton John s idol and Elton inducted him into the Rock and Roll Hall of Fame in 2011 Leon also gets credit for altering Willie Nelson's career giving us the long haired pot friendly Willie we all know and love today In his prime Leon filled stadiums on solo tours and was an organizer performer on both Joe Cocker's revolutionary Mad Dogs and Englishmen tour and George Harrison's Concert for Bangladesh Leon also founded Shelter Records in 1969 with producer Denny Cordell discovering and releasing the debut albums of Tom Petty the Gap Band Phoebe Snow and J J Cale Leon always assembled wildly diverse bands and performances fostering creative and free atmospheres for musicians to live and work together He brazenly challenged musical and social barriers However Russell also struggled with his demons including substance abuse severe depression and a crippling stage fright that wreaked havoc on his psyche over the long haul and at times seemed to will himself into obscurity Now acclaimed author and founding member of Buffalo Tom Bill Janovitz shines the spotlight on one of the most important music makers of the twentieth century

The Grammarians Cathleen Schine, 2025-10-16 An enchanting comic love letter to sibling rivalry and the English language From the author compared to Nora Ephron and Nancy Mitford not to mention Jane Austen comes a new novel celebrating the beauty mischief and occasional treachery of language The Grammarians are Laurel and Daphne Wolfe identical inseparable redheaded twins who share an obsession with words They speak a secret twin tongue of their own as toddlers as adults making their way in 1980s Manhattan their verbal infatuation continues but this love which has always bound them together begins instead to push them apart Daphne copy editor and grammar columnist devotes herself to preserving the dignity and elegance of Standard English Laurel who gives up teaching kindergarten to write poetry is drawn instead to the polymorphous chameleon nature of the written and spoken word Their fraying twinship finally shreds completely when the sisters go to war absurdly but passionately over custody of their most prized family heirloom Merriam Webster's New International Dictionary Second Edition Cathleen Schine has written a playful and joyful celebration of the interplay of language and life A dazzling comedy of sisterly and linguistic manners a revelation of the delights and stresses of intimacy The Grammarians is the work of one of our great comic novelists at her very best The British in India David Gilmour, 2025-06-25 An immersive portrait of the lives of the British in India from the seventeenth century to Independence Who of the British went to India and why We know about Kipling and Forster Orwell and Scott but what of the youthful forestry official the enterprising boxwallah the fervid missionary What motivated them to travel halfway around the globe what lives did they lead when they got there and what did they think about it all Full of spirited illuminating anecdotes drawn from long forgotten memoirs correspondence and government documents The British in India weaves a rich tapestry of the everyday experiences of the Britons who found themselves in the jewel in the crown of the British Empire David Gilmour captures the substance and texture of their work home and social lives and illustrates how these transformed across the several centuries of British presence and rule in the subcontinent from the East India Company's first trading station in 1615 to the twilight of the Raj and Partition and Independence in 1947 He takes us through remote hill stations bustling coastal ports opulent palaces regimented cantonments and dense jungles revealing the country as seen through British eyes and wittily reveling in all the particular concerns and contradictions that were a consequence of that limited perspective The British in India is a breathtaking accomplishment a vivid and balanced history written with brio elegance and erudition

Flash Count Diary Darcey Steinke,2025-09-23 Many days I believe menopause is the new if long overdue frontier for the most compelling and necessary philosophy Darcey Steinke is already there blazing the way This elegant wise fascinating deeply moving book is an instant classic I m about to buy it for everyone I know Maggie Nelson author of The Argonauts A brave brilliant and unprecedented examination of menopause Menopause hit Darcey Steinke hard First came hot flashes Then insomnia Then depression As she struggled to express what was happening to her she came up against a culture of silence Throughout history the natural physical transition of menopause has been viewed as something to deny fear and

eradicate Menstruation signals fertility and life and childbirth is revered as the ultimate expression of womanhood Menopause is seen as a harbinger of death Some books Steinke found promoted hormone replacement therapy Others encouraged acceptance But Steinke longed to understand menopause in a more complex spiritual and intellectually engaged way In Flash Count Diary Steinke writes frankly about aspects of Menopause that have rarely been written about before She explores the changing gender landscape that comes with reduced hormone levels and lays bare the transformation of female desire and the realities of prejudice against older women Weaving together her personal story with philosophy science art and literature Steinke reveals that in the seventeenth century women who had hot flashes in front of others could be accused of being witches that the model for Duchamp's famous tant donn's was a post reproductive woman and that killer whales one of the only other species on earth to undergo menopause live long post reproductive lives Flash Count Diary with its deep research open play of ideas and reverence for the female body will change the way you think about menopause It s a deeply feminist book honest about the intimations of mortality that menopause brings while also arguing for the ascendancy beauty and power of the post reproductive years Lila (Oprah's Book Club) Marilynne Robinson, 2014-10-07 Winner of the National Book Critics Circle Award National Book Award Finalist A new American classic from the Pulitzer Prize winning author of Gilead and Housekeeping Marilynne Robinson one of the greatest novelists of our time returns to the town of Gilead in an unforgettable story of a girlhood lived on the fringes of society in fear awe and wonder Lila homeless and alone after years of roaming the countryside steps inside a small town Iowa church the only available shelter from the rain and ignites a romance and a debate that will reshape her life She becomes the wife of a minister John Ames and begins a new existence while trying to make sense of the life that preceded her newfound security Neglected as a toddler Lila was rescued by Doll a canny young drifter and brought up by her in a hardscrabble childhood Together they crafted a life on the run living hand to mouth with nothing but their sisterly bond and a ragged blade to protect them Despite bouts of petty violence and moments of desperation their shared life was laced with moments of joy and love When Lila arrives in Gilead she struggles to reconcile the life of her makeshift family and their days of hardship with the gentle Christian worldview of her husband which paradoxically judges those she loves Revisiting the beloved characters and setting of Robinson's Pulitzer Prize winning Gilead and Home a National Book Award finalist Lila is a moving expression of the mysteries of existence that is destined to The Resistance Training Revolution Sal Di Stefano, 2021-04-27 Burn fat build lean sexy become an American classic muscles lose inches and feel healthier more energetic and youthful than you ever have in your life with a revolutionary new approach to resistance training Tired of spending hours on the treadmill Dealing with the joint paint of high impact exercise And seeing very few results in terms of fat burning and weight loss If so it s time to join the revolution Brought to you by Sal Di Stefano the founder of the mega popular Mind Pump podcast The Resistance Training Revolution reveals how resistance training is the best form of exercise to burn fat boost metabolism and achieve health benefits you cannot obtain from other

forms of exercise Di Stefano breaks down fitness misconceptions shares his decades of industry knowledge and brings you a comprehensive accessible guidebook that will give you the body you ve always wanted in as little as 60 minutes a week This book features Over 60 fat burning metabolism boosting workouts you can do at home to sculpt your body and maximize your health and longevity Raw fitness truths that will show you what works and what doesn t You ll be shocked at how easy it is to build lean muscle and lose fat once you understand these truths and once you train your body the right way The newly discovered health benefits of resistance training in terms of heart health bone strength joint protection and especially antiaging The exact formula for nutrition that makes losing fat while sculpting your body a breeze and for the long term Dozens of self assessments to track your progress and much more The Resistance Training Revolution also reveals how to optimize your workout time following Mind Pump s Muscular Adaptation Programming System MAPS a system that ensures that you keep making progress without the frustrating plateaus Isn t it time you joined the revolution Team Habits Charlie Gilkey, 2023-08-29 DISCOVER SMALL TEAM BASED CHANGES THAT HAVE COMPANY WIDE RESULTS The teams we work in amplify our individual efforts yet we constantly struggle to accomplish what is possible You can see all the problems in a typical weekly meeting No planning Missing goals Muddled communication We think just bringing our personal hopes and desires will be enough It s not The groups we work in need collective habits as much as individuals need better personal habits Determining team habits for things like planning decision making and prioritization produce reliability and ease for everyone Team habits create better work and let people work better together In Team Habits Charlie Gilkey explains how the revolution in personal habits has an even greater potential when applied to teams With practical exercises a Team Habits Quiz to evaluate areas for improvement and a guide to create a team habits roadmap Team Habits will help you transform your group so team members can flourish and thrive If changing the smallest habit can yield powerful results for an individual then just imagine what it can do for your team

Instagram Book Club Hardcover Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has be more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Instagram Book Club Hardcover**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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