

# How to Build Good Habits

1

## Make it Obvious



I'll Study



I'll Study at 6PM in the study room

2

## Make it Attractive



Eat your Favorite Snacks when you are studying  
Make it a group activity.

3

## Make it Easy



**2 minute Rule:** Do only the first two minute of activity  
Organize your books and notes only

4

## Make it Satisfying



Reward Yourself after the activity so it leaved a good memory  
in your brain : Have a Sweet after you've studied

# Habit Building Planner Step By Step

**Marion Jacobs**



## **Habit Building Planner Step By Step:**

## Decoding **Habit Building Planner Step By Step**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Habit Building Planner Step By Step**," a mesmerizing literary creation penned by a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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arithmetic operations 1 find the values of  $1 - 2i$ ,  $3 + 5i$ ,  $3 - 4i$ ,  $2 + i$ ,  $3 - 2i$ ,  $2 - 1i$ ,  $n + 1i$ ,  $n$  for the first problem we have  $1 - 2i$ ,  $3$

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web 4 find the conditions under which the equation  $az + bz + c = 0$  in one complex unknown has exactly one solution and compute that solution let  $z = x + iy$  then  $az + bz + c = a(x + iy) + b(x + iy) + c = 0$   $a(x + iy) + b(x + iy) + c = 0$   $1 - 6a + b + y = 0$   $1 - 6b$  lets consider equation  $1 - 6b$  we either have that  $a$  or  $y = 0$  if  $a$  then wlog equation  $1 - 6a$  can be written as

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