

"A thorough guide to a modality of therapy far deeper than the prevailing cognitive and behavioral treatments."

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THE PRACTICAL GUIDE FOR HEALING DEVELOPMENTAL TRAUMA

*Using the NeuroAffective Relational Model
to Address Adverse Childhood Experiences
and Resolve Complex Trauma*



LAURENCE HELLER, PhD AND BRAD J. KAMMER, LMFT

Healing Trauma Guide 2025 Edition

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