"A thorough guide to a modality of therapy far deeper than the prevailing cognitive and behavioral treatments."

-Gabor Maté, MD, author of When the Body Says No.

# THE PRACTICAL GUIDE FOR HELDELOPMENTAL TRAUMA

Using the NeuroAffective Relational Model to Address Adverse Childhood Experiences and Resolve Complex Trauma



LAURENCE HELLER, PhD AND BRAD J. KAMMER, LMFT

# **Healing Trauma Guide Collection**

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