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I met my younger self for coffee this morning.

We were both very nervous about the meeting process.

We ordered a caramel macchiato, I ordered an iced oat milk latte.

We told her how she can't wait to get out from under our parents' house and move out to her own house but for her house. She has to go no longer have to live under those strict religious rules and no longer have her parents or her sister's interference of it.

We asked if we are okay?
Told her most days yes. We are living a life we never could have imagined but the joys of living our family hurts a lot some days.

We asked her if we called the guy from the concert?
Told her YES! And how this guy means 20 years with her. He's better than we ever could've imagined. I show her pictures of our beautiful life now and our two beautiful children.

We were feeling excited, nervous and a little sad about her future.

We were feeling grateful for all we've been through and for living now and that we're.

Hope we meet again soon.

00:00:00:10

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I had coffee with my younger self.

She was right on time, I was 2 minutes early.

She ordered a sugar free red bull, I ordered a matcha with honey, cinnamon, and organic whole milk.

We asked if we just wanted our anxiety, hormonal acne, bloating, fatigue, and Hypothyroidism.

I told her we're fully healed, but now we're diagnosed with the same.

We asked if we ever moved out of our home town.

I told her we moved to a few big cities and currently live in LA in the suburbs.

I hope I get to have coffee with her again soon.

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I met my younger self for coffee today.

We showed up 15 minutes early, no idea!

We ordered an iced caramel latte, I ordered an iced americano with honey.

We wore athletic shorts and a long t-shirt, I wore a suit.

She told me she wants to be a psychologist when she grows up so she can help people.

I told her I went to law school & was a Public Defender.

She told me her family of 5 still lives in an apartment. I told her I own a house & so do my mom & dad.

She told me her dad's business is struggling, I told her my dad owns 3 businesses.

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David Baud

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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