

## Section 1: Introduction



### Section 2: Overview

The following table provides a detailed overview of the data collected during the experiment. The data is organized into three main categories: **Participant Information**, **Task Performance**, and **Subjective Experience**. Each category contains several sub-variables that were measured and recorded throughout the study.

| Category                | Variable             | Unit                         | Mean   | SD  | Range   |
|-------------------------|----------------------|------------------------------|--------|-----|---------|
| Participant Information | Age                  | Years                        | 24.5   | 3.2 | 18-35   |
|                         | Gender               | Male/Female                  | 15/15  | 0   | 0-15    |
|                         | Education Level      | High School/College/Graduate | 5/10/5 | 0   | 0-15    |
|                         | Experience           | Years of Experience          | 0-10   | 2.5 | 0-10    |
| Task Performance        | Accuracy             | Percentage                   | 85.2   | 4.5 | 70-95   |
|                         | Speed                | Seconds                      | 12.5   | 2.1 | 8-18    |
|                         | Consistency          | Standard Deviation           | 1.2    | 0.3 | 0.8-1.8 |
|                         | Completion Rate      | Percentage                   | 92.1   | 3.8 | 80-100  |
| Subjective Experience   | Stress Level         | 1-5 Scale                    | 2.8    | 1.1 | 1-5     |
|                         | Confusion Level      | 1-5 Scale                    | 1.5    | 0.8 | 1-5     |
|                         | Engagement Level     | 1-5 Scale                    | 3.5    | 1.2 | 1-5     |
|                         | Overall Satisfaction | 1-5 Scale                    | 4.2    | 0.9 | 1-5     |

### Section 3: Methodology

The methodology section describes the experimental design, including the participants, the tasks, and the data collection methods. The study was conducted in a controlled laboratory setting with a sample size of 30 participants. The tasks were designed to measure various aspects of cognitive performance, including accuracy, speed, and consistency. Data collection was performed using a custom-built software system that recorded all relevant metrics in real-time.

### Section 4: Results

The results section presents the findings of the study, including the mean values, standard deviations, and ranges for each variable. The data indicates that participants performed well on the tasks, with high accuracy and speed. The subjective experience ratings were also positive, suggesting that the tasks were engaging and satisfying.

# Smart Nudge Manual

**Sneha Singireddy**



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