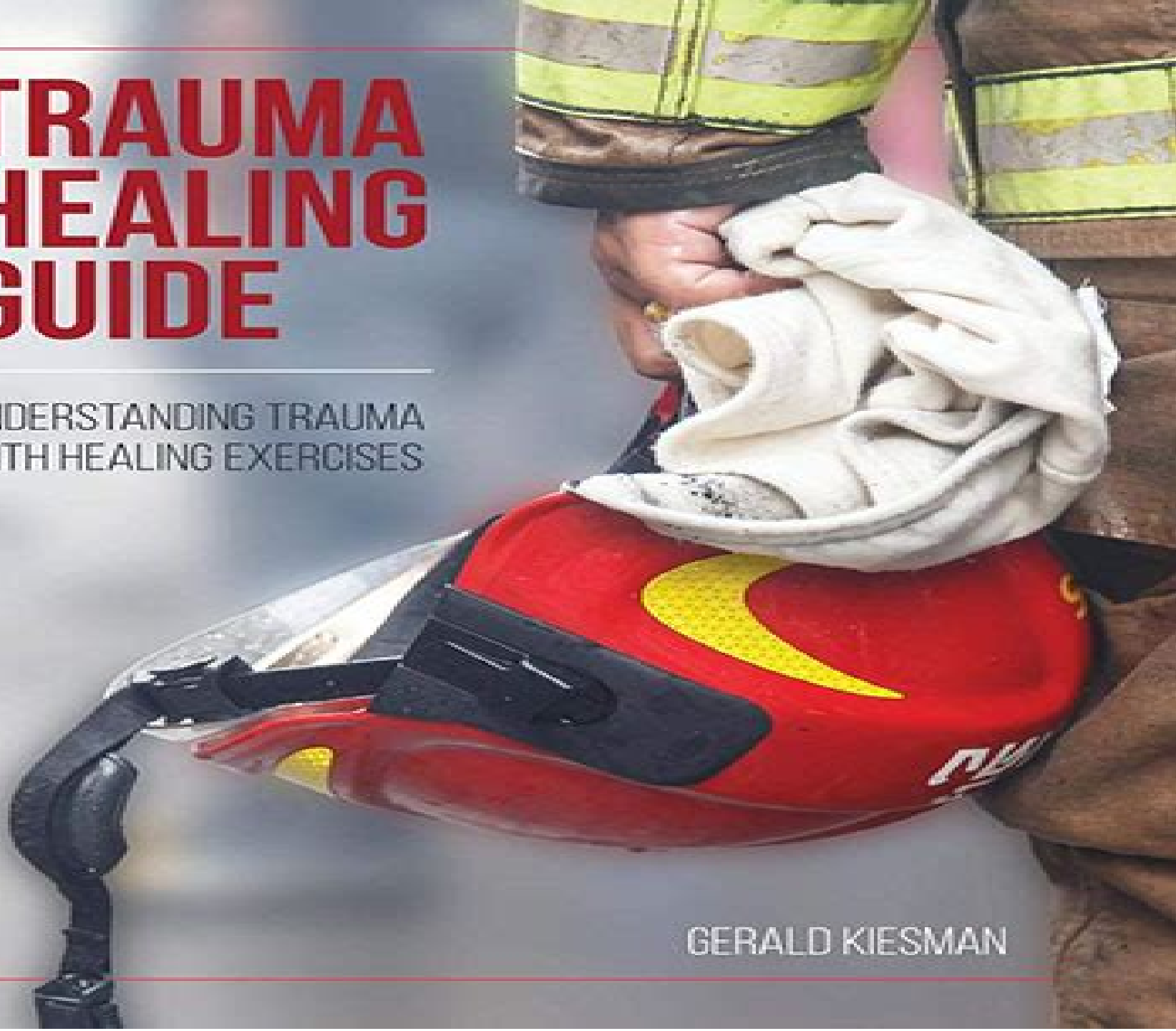


TRAUMA HEALING GUIDE

UNDERSTANDING TRAUMA
WITH HEALING EXERCISES

GERALD KIESMAN



Healing Trauma Guide Primer

Mark Nickerson



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