
Supersize Me Study Guide Latest Exam 2023

How many Americans eat a meal in a fast food restaurant daily? - Correct answer 1 in 4 Americans

If we consider this project an experiment, why did Morgan make several doctors' visits before he started this project? - Correct answer As a safety precaution, he wanted to make sure it doesn't permanently damage his body.

In general what is Morgan's health status at the beginning of this project? - Correct answer His health is perfect.

What effects do the doctors think this diet will have on Morgan? - Correct answer His triglycerides, weight, and cholesterol will increase. However, his organs will help him adapt quickly.

What is Morgan's starting weight and body fat percentage? - Correct answer Weight: 185 lbs

Body Fat: 11%

How many calories should Morgan eat each day to maintain his weight? - Correct answer 2500

How many calories does Morgan eat each day on his McDonald's diet? - Correct answer About 5000

Supersize Me Study Guide Exam 3

Katrin Zwirgmaier



Supersize Me Study Guide Exam 3:

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