

SUPERCHARGING QUANTUM TOUCH

Advanced Techniques



A L A I N H E R R I O T T

Foreword by Richard Gordon, Founder of Quantum-Touch

**Supercharging Quantum Touch Advanced Techniques By
Herriott Alainmay 15 2007 Paperback**

Alain Herriott, Jody Herriott



Supercharging Quantum Touch Advanced Techniques By Herriott Alain May 15 2007 Paperback:

Supercharging Quantum-Touch Alain Herriott, 2007-05-15 Quantum Touch teaches ways to focus and amplify life force energy chi through simple breathing and body awareness exercises The result stimulates the subject's biological intelligence to do whatever healing it deems necessary in everything from major immune disorders to chronic pain to emotional disturbances In *Supercharging Quantum Touch* prominent teacher Alain Herriott takes students and followers of Quantum Touch beyond the basics sharing the techniques used by the best most effective practitioners From the hundreds of workshops he's conducted around the world Herriott has gathered questions that he addresses here in a direct way that refines clarifies broadens and deepens the work The book begins by walking readers through the basic attributes of the best practitioners Bit by bit more techniques are added and stacked or laid out to create a step by step approach to work on anything a client needs including though not limited to general pain physical imbalances and emotional issues Strategies for perceiving energy more clearly are also included Written in a very accessible style *Supercharging Quantum Touch* gives readers the confidence they need to work in this increasingly popular and important healing art

Quantum-Touch Core Transformation Alain Herriott, Jody Herriott, 2009-01-27 Quantum Touch teaches techniques for focusing and amplifying life force energy chi through simple breathing and body awareness exercises This practice stimulates our biological intelligence to promote healing in everything from major immune disorders to chronic pain to emotional disturbances A new addition to Alain Herriott's successful series that includes *Supercharging Quantum Touch* this manual of advanced techniques is geared toward those who already know the basics of Quantum Touch or have backgrounds in general energy healing Chinese disciplines such as tai chi and qi gong or the yogic and dance disciplines Techniques are presented through step by step exercises that facilitate the energy flow through both teacher and patient This energy transference encourages bone alignment stress reduction and deep and lasting healing *Quantum Touch Core Transformation* shows how to truly experience oneself emotionally spiritually physically and to begin to open consciousness and enter a whole new level of being Written in the trademark thoughtful engaging style of Quantum Touch authors this book is an authoritative resource for any alternative health professional involved in serious bodywork

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