

10 ESSENTIAL ITEMS YOU NEED FOR YOUR FAMILY EMERGENCY PREPAREDNESS KIT

1 WATER

Have one gallon per person per day to use for drinking, hygiene and cleaning as needed.



2 FOOD

Have a two week supply of non-perishable food per person. Try to pack foods that require no refrigeration, preparation or cooking.



3 CAN OPENER

Make sure it is a manual can opener in case there is no electrical power. Consider buying items with a pull-top opening.



4 MEDICATIONS

Collect one month's worth of any prescription medicines you are taking. Include non-prescription fever/pain reliever, antacids, anti-diarrheal items, etc., in your stockpile.



5 PERSONAL CARE ITEMS

Collect the basics like soap, toilet paper, toothbrush, hand sanitizer, cleaning supplies, bleach, garbage bags and feminine products.



6 FLASHLIGHT

Keep a bright flashlight in case there is no electrical power. Consider getting a lantern-style light for hands-free use.



7 RADIO

Have a battery-powered radio for listening to news and weather. Consider buying a crank-operated or solar-powered radio.



8 CLOTHES

Collect extra per person and consider packing blankets, rain gear and outerwear.



9 FIRST AID

Include basics, such as antiseptic, gloves, a variety of bandage sizes, thermometer, and protective masks. You can buy a pre-made kit at most pharmacies or grocery stores.

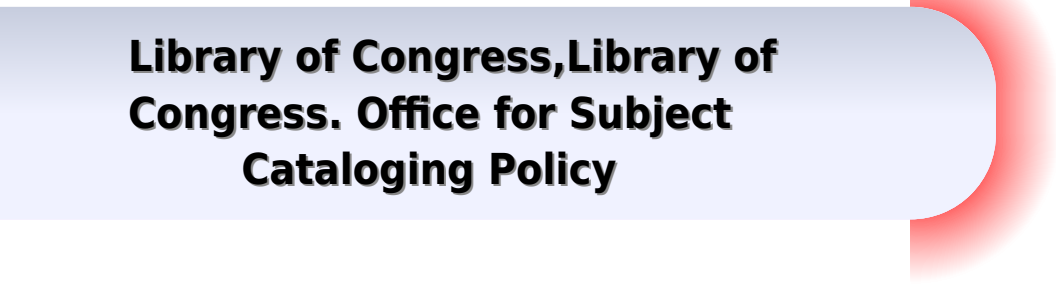


10 IMPORTANT DOCUMENTS

Collect copies of driver licenses, social security cards, birth certificates, mortgage papers, insurance policies, etc., and keep electronic copies on a flashdrive.

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Resources in Education ,1984 *Library of Congress Subject Headings* Library of Congress,Library of Congress.
Office for Subject Cataloging Policy,2011 Advanced Environmental Science and Disaster Management Shantanu Kumar Sahu, The1st first edition of Advanced Environmental Science and Disaster Management is now presented for the teachers and students of Odisha This book has written as per the instructions of the CBCS From UGC the curriculum of 3 Arts Science Commerce Environmental science engineering As per CBCS Syllabus I am extremely thankful to all the students and lecturers of Odisha for their impartial remarks and invaluable suggestions for the all round write a book I have tray to write this book as per CBCS syllabus Lastly I request my students and colleagues to give their valuable suggestions which will help in further improvement of the book I hope they will not hesitate to do so in future **Monthly Catalog of United States Government Publications** ,1984-05 Build Your Bug Out Bag T.S Avini,2025-08-15 Build Your Bug Out Bag What You Need to Survive 72 Hours Anywhere is your comprehensive guide to ensuring safety and readiness in the face of unexpected emergencies This book delves deeply into the principles of survival preparedness offering step by step instructions to create a bug out bag tailored to diverse scenarios You ll learn the vital elements of selecting the right bag considering size style and functionality and prioritize your essential needs based on the Rule of Threes Discover how to secure and purify water construct makeshift shelters and pack non perishable foods for sustenance The guidebook includes Bulletproof strategies to maintain hygiene and sanitation to prevent health crises Decisive tactics for personal safety and self defense under unpredictable circumstances Essential for both novice and veteran preppers this book doesn t just teach you what items to include it emphasizes the mindset and psychological readiness necessary to outlast harsh conditions Begin your journey to empowerment through preparedness today Safeguard your life and those of your loved ones by creating a dependable bug out bag Your survival kit awaits turn the page and get started *Prison and Jail Administration: Practice and Theory* Peter M. Carlson,2013-08-30 Thoroughly revised and updated the third edition of the best selling textbook Prison and Jail Administration Practice and Theory covers all aspects of prison administration from organizational structure and management accountability to food service personnel corruption and the impact of technology on penal institutions Authored by over sixty leading experts in the field the text provides students with a unique balance of practice and theory and includes suggested readings learning objectives and discussion questions to help students gain an in depth understanding of the material The third edition includes all new pedagogical features instructor resources and new chapters on current topics such as women offenders the world of a corrections officer hiring and retention of staff institution pre release programs and restorative justice The most comprehensive and accessible prison administration textbook available Prison and Jail Administration Practice and Theory Third Edition is essential reading for students in correctional administration courses

The Adventure travel guide for Barbados ,2025-09-25 *Library of Congress Subject Headings* Library of Congress.

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