

The Pits and the Pendulum

A Life with Bipolar Disorder

Brian Adams



The Pits And The Pendulum A Life With Bipolar Disorder

Yi-Tong Ma



The Pits And The Pendulum A Life With Bipolar Disorder:

The Pits and the Pendulum Brian Adams, 2003 Spending a week doing nothing but exploring the possibilities of Lego risking yet another job impulsively sinking all his savings into impractical self employment ventures sleepless nights gripped by the need to write these are just some manifestations of the often damaging periods of manic uninhibited energy of bipolar disorder

Family Experiences of Bipolar Disorder Cara Aiken, 2010 Bipolar disorder can be a devastating illness seriously affecting not only the person with bipolar but also their children partner parents family and friends This book offers a personal account of bipolar disorder It portrays the reality of the illness and its impact on family life It features important facts and figures related to bipolar

Introducing Mental Health Caroline Kinsella, Connor Kinsella, Vikram Patel, 2006 The authors explain key concepts in easily understandable language accessible even to those with no prior knowledge of the subject They detail the major mental health disorders and the issues and implications surrounding them and include separate chapters on personality disorder dual diagnosis and self harm

The Madness of Our Lives Penny Gray, 2006 This book consists of transcribed interviews with people who have had a mental breakdown and come out the other side Those interviewed recount painful experiences of being misunderstood derided bullied abused in their personal and professional lives but also during treatment by unsympathetic or negligent GPs and mental health practitioners

Washing My Life Away Ruth Deane, 2005 OCD affects one in fifty people and one of them was Ruth Deane In this frank and personal account she shares her own experience as an OCD sufferer taking the reader on a moving honest and at times light hearted journey from washing her hands until they cracked and bled to hospital admission and eventual management and recovery from OCD

BipolART Denys N. Wheatley, 2012-10-23 Written with disarming honesty by a long term sufferer of bipolar disorder with more than half a century s experience of intervention and treatment this highly personal volume traces the effectiveness of a therapy modality for mental illness that has gained much ground in the past two decades art The author began to use art and in particular doodling from 1998 as a way of externalizing his feelings Its expressiveness accessibility and energy efficiency was ideally suited to the catatonia he experienced during the bouts of depression that are a feature of bipolar disorder while as the low moods lifted and his energy surged he completed more ambitious and elaborate works As well as being highly eclectic Wheatley s assembled oeuvre has afforded him both insights and therapeutic intervention into his condition once deemed highly debilitating and taboo but much more socially accepted now that well known sufferers such as Stephen Fry have recounted their experiences of the condition After an opening account of how the images were generated the volume reproduces a gallery of selected work and then offers an extended epilogue analyzing the art s connections with the disorder as well as the author s assessment of how each attempt at visual self expression was for him a therapeutic intervention Wheatley a cell biologist who has enjoyed a full career in cancer research has had no formal training in art yet his haunting pictures many of them resembling life forms are brought to life by his perceptive self aware commentary This

book will be of interest to psychologists and psychiatrists among the wider medical profession as well as people suffering from any form of bipolar disorder whatever the severity **Managing Manic Depressive Disorders** Ved P. Varma,1997

The reasons for the onset of manic depression are considered in order to further understand and assist treatment by increasing knowledge of how manic depressives actually feel Particular difficulties in treatment are addressed such as unresponsiveness and the problem of the manic high from which the patient may not want to recover From Madness to Mental Health Greg Eghigian,2009-12-10 From Madness to Mental Health neither glorifies nor denigrates the contributions of psychiatry clinical psychology and psychotherapy but rather considers how mental disorders have historically challenged the ways in which human beings have understood and valued their bodies minds and souls Greg Eghigian has compiled a unique anthology of readings from ancient times to the present that includes Hippocrates Julian of Norwich s Revelations of Divine Love penned in the 1390s Dorothea Dix Aaron T Beck Carl Rogers and others culled from religious texts clinical case studies memoirs academic lectures hospital and government records legal and medical treatises and art collections Incorporating historical experiences of medical practitioners and those deemed mentally ill From Madness to Mental Health also includes an updated bibliography of first person narratives on mental illness compiled by Gail A Hornstein *Touch and Go Joe* Joe Wells,Isobel Heyman,2006 Runner up in the Nasen and TES Special Education Needs Book Awards 2006 I feel as if I have been waiting for this book Children and teenagers with obsessive compulsive disorder OCD have been asking for this book for years from the foreword by Isobel Heyman A fantastic achievement as equally valuable as an inspiration for those with the condition and an insight for those who wish to understand it better A brave and fascinating book Jarvis Cocker Pulp Joe comes across wise beyond his years when it comes to perception of OCD and how it should be treated not to menti

Cracked Lynsey Calderwood,2003 At the age of 14 Lynsey Calderwood suffered a traumatic brain injury that left her physically unmarked but destroyed her memory Thrust back into an apparently nonsensical world of which she had no recollection Lynsey spiralled downwards into depression and eating disorders as she became socially ostracized

Reviewing **The Pits And The Pendulum A Life With Bipolar Disorder**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**The Pits And The Pendulum A Life With Bipolar Disorder**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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