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Changing the way you think to fulfil your potential

DR CAROL S. DWECK



## **Self Help Mindset Primer**

Adrian Leis, Åsta Haukås, Nigel Mantou Lou, Sachiko Nakamura



Discover tales of courage and bravery in Crafted by is empowering ebook, **Self Help Mindset Primer**. In a downloadable PDF format (\*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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