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Books Promiscuously Read Heather Cass White, 2025-09-23 The critic and scholar Heather Cass White offers an exploration of the nature of reading Heather Cass White's Books Promiscuously Read is about the pleasures of reading and its power in shaping our internal lives It advocates for a life of constant disorderly time consuming reading and encourages readers to trust in the value of the exhilaration and fascination such reading entails Rather than arguing for the moral value of reading or the preeminence of literature as an aesthetic form Books Promiscuously Read illustrates the irreplaceable experience of the self that reading provides for those inclined to do it Through three sections Play Transgression and Insight which focus on three ways of thinking about reading Books Promiscuously Read moves among and considers many poems novels stories and works of nonfiction The prose is shot through with quotations reflecting the way readers think through the words of others Books Promiscuously Read is a tribute to the whole lives readers live in their books and aims to recommit people to those lives As White writes What matters is staying attuned to an ordinary unflashy mutely persistent miracle that all the books to be read and all the selves to be because we have read them are still there still waiting still undiminished in their power It is an astonishing joy

Bibliophile: Diverse Spines Jane Mount, Jamise Harper, 2021-10-18 It's time to diversify your reading list This richly illustrated and vastly inclusive collection uplifts the works of authors who are often underrepresented in the literary world Using their keen knowledge and deep love for all things literary coauthors Jamise Harper founder of the Diverse Spines book community and Jane Mount author of *Bibliophile* collaborated to create an essential volume filled with treasures for every reader Dozens of themed illustrated book stacks like Classics Contemporary Fiction Mysteries Cookbooks and more all with an emphasis on authors of color and own voices A look inside beloved bookstores owned by Black Indigenous and People of Color Reading recommendations from leading BIPOC literary influencers Diversify your reading list to expand your world and shift your perspective Kickstart your next literary adventure now EASY TO GIFT This portable guide is packed with more than 150 colorful illustrations is a perfect gift for any booklover The textured paper cover gold foil and ribbon marker make this book a special gift or self purchase DISCOVER UNSUNG LITERARY HEROES The authors dive deep into a wide variety of genres such as Contemporary Fiction Classics Young Adult Sci Fi and more to bring the works of authors of color to the fore ENDLESS READING INSPIRATION Themed book stacks and reading suggestions from luminaries of the literary world provide curated book recommendations Your to read list will thank you Perfect for bookish people literary lovers book club members Mother's Day shoppers stocking stuffers followers of DiverseSpines Jane Mount and Ideal Bookshelf fans Reese's Book Club and Oprah's Book Club followers people who use Goodreads.com readers wanting to expand decolonize their book collections people interested in uplifting BIPOC voices antiracist activists and educators grads and students librarians and library patrons wanting to expand decolonize their book collections people interested in uplifting BIPOC voices antiracist activists and educators grads and students librarians and

library patrons **The Circuit** Rowan Ricardo Phillips, 2025-06-25 Winner of the 2019 PEN ESPN Award for Literary Sports Writing The Circuit is the best sports book I've read in years maybe ever Rich Cohen author of The Chicago Cubs and Monsters As sports writing goes The Circuit is unusual in the very best way Rowan Ricardo Phillips writes with such fluidity and packs the book with bursts of brilliance This is a compulsively readable guide to one truly Homeric year of professional tennis John Green author of The Fault in Our Stars An energetic lyrical genre defying account of the 2017 tennis season In The Circuit A Tennis Odyssey the award winning poet and Paris Review sports columnist Rowan Ricardo Phillips chronicles 2017 as seen through the unique prism of its pivotal revelatory and historic tennis season The annual tennis schedule is a rarity in professional sports in that it encapsulates the calendar year And like the year it's divided into four seasons each marked by a final tournament the Grand Slams Phillips charts the year from winter's Australian Open where Roger Federer and Rafael Nadal renewed their rivalry in a match for the ages to fall's U S Open Along the way Phillips paints a new vibrant portrait of tennis one that captures not only the emotions nerves and ruthless tactics of the point by point game but also the quicksilver movement of victory and defeat on the tour placing that sense of upheaval within a broader cultural and social context Tennis has long been thought of as an escapist spectacle a bucolic separate bauble of life The Circuit will convince you that you don't leave the world behind as you watch tennis you bring it with you The British in India David

Gilmour, 2025-06-25 An immersive portrait of the lives of the British in India from the seventeenth century to Independence Who of the British went to India and why We know about Kipling and Forster Orwell and Scott but what of the youthful forestry official the enterprising boxwallah the fervid missionary What motivated them to travel halfway around the globe what lives did they lead when they got there and what did they think about it all Full of spirited illuminating anecdotes drawn from long forgotten memoirs correspondence and government documents The British in India weaves a rich tapestry of the everyday experiences of the Britons who found themselves in the jewel in the crown of the British Empire David Gilmour captures the substance and texture of their work home and social lives and illustrates how these transformed across the several centuries of British presence and rule in the subcontinent from the East India Company's first trading station in 1615 to the twilight of the Raj and Partition and Independence in 1947 He takes us through remote hill stations bustling coastal ports opulent palaces regimented cantonments and dense jungles revealing the country as seen through British eyes and wittily reveling in all the particular concerns and contradictions that were a consequence of that limited perspective The British in India is a breathtaking accomplishment a vivid and balanced history written with brio elegance and erudition

Leon Russell Bill Janovitz, 2023-03-14 The definitive New York Times bestselling biography of legendary musician composer and performer Leon Russell who profoundly influenced George Harrison the Rolling Stones Eric Clapton Elton John Willie Nelson Tom Petty and the world of music as a whole Leon Russell is an icon but somehow is still an underappreciated artist He is spoken of in tones reserved not just for the most talented musicians but also for the most complex and fascinating

His career is like a roadmap of music history often intersecting with rock royalty like Bob Dylan the Stones and the Beatles He started in the Fifties as a teenager touring with Jerry Lee Lewis going on to play piano on records by such giants as Frank Sinatra The Beach Boys and Phil Spector and on hundreds of classic songs with major recording artists Leon was Elton John's idol and Elton inducted him into the Rock and Roll Hall of Fame in 2011 Leon also gets credit for altering Willie Nelson's career giving us the long haired pot friendly Willie we all know and love today In his prime Leon filled stadiums on solo tours and was an organizer performer on both Joe Cocker's revolutionary Mad Dogs and Englishmen tour and George Harrison's Concert for Bangladesh Leon also founded Shelter Records in 1969 with producer Denny Cordell discovering and releasing the debut albums of Tom Petty the Gap Band Phoebe Snow and J J Cale Leon always assembled wildly diverse bands and performances fostering creative and free atmospheres for musicians to live and work together He brazenly challenged musical and social barriers However Russell also struggled with his demons including substance abuse severe depression and a crippling stage fright that wreaked havoc on his psyche over the long haul and at times seemed to will himself into obscurity Now acclaimed author and founding member of Buffalo Tom Bill Janovitz shines the spotlight on one of the most important music makers of the twentieth century [The Grammarians](#) Cathleen Schine, 2025-10-16 An enchanting comic love letter to sibling rivalry and the English language From the author compared to Nora Ephron and Nancy Mitford not to mention Jane Austen comes a new novel celebrating the beauty mischief and occasional treachery of language The Grammarians are Laurel and Daphne Wolfe identical inseparable redheaded twins who share an obsession with words They speak a secret twin tongue of their own as toddlers as adults making their way in 1980s Manhattan their verbal infatuation continues but this love which has always bound them together begins instead to push them apart Daphne copy editor and grammar columnist devotes herself to preserving the dignity and elegance of Standard English Laurel who gives up teaching kindergarten to write poetry is drawn instead to the polymorphous chameleon nature of the written and spoken word Their fraying twinship finally shreds completely when the sisters go to war absurdly but passionately over custody of their most prized family heirloom Merriam Webster's New International Dictionary Second Edition Cathleen Schine has written a playful and joyful celebration of the interplay of language and life A dazzling comedy of sisterly and linguistic manners a revelation of the delights and stresses of intimacy The Grammarians is the work of one of our great comic novelists at her very best **Flash Count Diary** Darcey Steinke, 2025-09-23 Many days I believe menopause is the new if long overdue frontier for the most compelling and necessary philosophy Darcey Steinke is already there blazing the way This elegant wise fascinating deeply moving book is an instant classic I'm about to buy it for everyone I know Maggie Nelson author of The Argonauts A brave brilliant and unprecedented examination of menopause Menopause hit Darcey Steinke hard First came hot flashes Then insomnia Then depression As she struggled to express what was happening to her she came up against a culture of silence Throughout history the natural physical transition of menopause has been viewed as something to deny

fear and eradicate Menstruation signals fertility and life and childbirth is revered as the ultimate expression of womanhood Menopause is seen as a harbinger of death Some books Steinke found promoted hormone replacement therapy Others encouraged acceptance But Steinke longed to understand menopause in a more complex spiritual and intellectually engaged way In *Flash Count Diary* Steinke writes frankly about aspects of Menopause that have rarely been written about before She explores the changing gender landscape that comes with reduced hormone levels and lays bare the transformation of female desire and the realities of prejudice against older women Weaving together her personal story with philosophy science art and literature Steinke reveals that in the seventeenth century women who had hot flashes in front of others could be accused of being witches that the model for Duchamp's famous *tant donn's* was a post reproductive woman and that killer whales one of the only other species on earth to undergo menopause live long post reproductive lives *Flash Count Diary* with its deep research open play of ideas and reverence for the female body will change the way you think about menopause It's a deeply feminist book honest about the intimations of mortality that menopause brings while also arguing for the ascendancy beauty and power of the post reproductive years

The Death of My Father the Pope Obed Silva, Héctor Tobar, 2025-10-16 A man mourning his alcoholic father faces a paradox to pay tribute lay scorn upon or pour a drink A wrenching dazzling revelatory debut Weaving between the preparations for his father's funeral and memories of life on both sides of the U S Mexico border Obed Silva chronicles his father's lifelong battle with alcoholism and the havoc it wreaked on his family Silva and his mother had come north across the border to escape his father's violent drunken rages His father had followed and danced dangerously in and out of the family's life until he was arrested and deported back to Mexico where he drank himself to death one Carta Blanca at a time at the age of forty eight Told with a wry cynicism a profane profound anger an antic brutally honest voice and a hard won classical frame of reference Silva channels the heartbreak of mourning while wrestling with the resentment and frustration caused by addiction *The Death of My Father the Pope* is a fluid and dynamic combination of memoir and an examination of the power of language and the introduction of a unique and powerful literary voice

Team Habits Charlie Gilkey, 2023-08-29 DISCOVER SMALL TEAM BASED CHANGES THAT HAVE COMPANY WIDE RESULTS The teams we work in amplify our individual efforts yet we constantly struggle to accomplish what is possible You can see all the problems in a typical weekly meeting No planning Missing goals Muddled communication We think just bringing our personal hopes and desires will be enough It's not The groups we work in need collective habits as much as individuals need better personal habits Determining team habits for things like planning decision making and prioritization produce reliability and ease for everyone Team habits create better work and let people work better together In *Team Habits* Charlie Gilkey explains how the revolution in personal habits has an even greater potential when applied to teams With practical exercises a *Team Habits Quiz* to evaluate areas for improvement and a guide to create a team habits roadmap *Team Habits* will help you transform your group so team members can flourish and thrive If changing the smallest habit can yield powerful results for

an individual then just imagine what it can do for your team **Garner's Quotations** Dwight Garner, 2020-11-10 A selection of favorite quotes that the celebrated literary critic has collected over the decades From Dwight Garner the New York Times book critic comes a rollicking irreverent scabrous amazingly alive selection of unforgettable moments from forty years of wide and deep reading Garner's Quotations is like no commonplace book you'll ever read If you've ever wondered what's really going on in the world of letters today this book will make you sit up and take notice Unputdownable

Unveiling the Magic of Words: A Overview of "**Instagram Book Club Hardcover**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Instagram Book Club Hardcover**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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residents of northern gaza to head south for their safety so reda sahoiun left her home

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web apr 28 2022 the right foods at the right time can boost your running performance tremendously plus you will reduce the risk of injury and illness perfect runner s diet a list of the 15 best foods for runners 1 bananas if you need a high carb energy booster before your afternoon run you can t go wrong with a banana

runner s diet the complete guide to eating for endurance runtothefinish - Oct 02 2022

web apr 25 2022 a runner s diet should have a healthy mix of the three macronutrients carbohydrates proteins and fats people will generally consume adequate micronutrients if they focus on eating a variety of fruits and vegetables these contain vitamins and minerals that aid the body s function and recovery after exercise

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web foods for runners and joggers a good diet can boost your physical health and help you meet your fitness goals make sure your meals emphasize the following basic components fruit and vegetables for vitamins minerals and antioxidants lean protein such as fish poultry beans lentils and tofu healthy fats such as olive oil avocado and nuts

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israel hamas war gazans run out of food fuel and hope - Sep 20 2021

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web jul 27 2022 a bagel with butter or one with peanut butter and banana a fruit smoothie a peanut butter and jam sandwich with pretzels or fruit rice cakes with nut butter and a cup of berries a hard boiled egg and sliced banana with almond butter you may have noticed how often bananas and nut butters get suggested and for good reason

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web sep 27 2023 pre run the night before a long run or race the night before a long effort aim for a balanced dinner with roughly 50 carbs 25 protein 25 fruits and vegetables limit your consumption of foods that are high in fat and fiber which may cause stomach issues during your run

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web jan 24 2022 daily this runner consumes carbohydrates 35 of total daily fuel these carbohydrates are a mix that includes run of the mill carbs such as bread and oatmeal dairy such as yogurt and milk and fruit such as berries and bananas protein 35 of total daily fuel healthy fats 15 of total daily fuel

board of supervisors meeting dates san bernardino county california - Dec 16 2022

regular board of supervisors meetings are held on tuesdays per the adopted annual calendar of meetings listed below board meetings begin with closed session at 9 00 a m and public session at 10 00 a m the calendar which is subject to amendment by the board does not include information regarding meeting locations

board of supervisors agenda placer county - Feb 06 2022

board of supervisors agenda tuesday august 9 2022 8 30 a m county administrative center 175 fulweiler avenue auburn ca 95603 bonnie gore district 1 jane christenson acting county executive officer robert weygandt district 2 karin schwab county counsel jim holmes district 3 vice chair megan wood clerk of the board

board of supervisors meeting calendar sandiegocounty gov - Apr 20 2023

as noted on the current board of supervisors meeting calendar a regular meeting of the board is held at 9 a m on tuesday and 9 a m on wednesday in room 310 located at the san diego county administration center 1600 pacific highway san diego california the wednesday session deals with planning and land use matters

board of supervisors alameda county california - Jul 11 2022

agenda board of supervisors meeting tuesday february 28 2023 page 1 board of supervisors regular meeting tuesday february 28 2023 county administration building david haubert vice president district 1 supervisors chambers district 2 1221 oak street lena tam district 3 fifth floor room 512 nate miley president district 4

agenda for the regular meeting of the board of supervisors - Jun 10 2022

agenda for the regular meeting of the board of supervisors county of los angeles california tuesday september 26 2023 9 30 a m board hearing room 381b kenneth hahn hall of administration 500 west temple street los angeles california 90012 janice hahn chair fourth district hilda l solis supervisor

home board of supervisors - Aug 12 2022

supporting documentation for agenda items is available for public review in the office of the clerk of the board of supervisors located at 940 w main street suite 209 el centro ca 92243 during regular business hours 8 00 a m to 5 00 p m monday through friday excluding holidays the office is closed from 12 00 to 1 00 pm

mental health executive board meeting county of sonoma - Nov 15 2022

nov 1 2023 mental health executive board meeting date november 01 2023 time 10 30 a m 12 00 p m hybrid in person

meeting webinar information sonoma county dhs office santa rosa conference room 1450 neotomas avenue santa

board of supervisors extends american rescue plan act funding - Jan 17 2023

oct 25 2023 matt brown communications specialist publicaffairs sonoma county org 707 565 3040 575 administration drive suite 104a santa rosa ca 95403 the board of supervisors on tuesday extended american rescue plan act funding for community based organizations that have supported thousands of sonoma county residents through programs

agenda for the regular meeting of the board of supervisors - Apr 08 2022

agenda for the regular meeting of the board of supervisors county of los angeles california tuesday march 21 2023 9 30 a m board hearing room 381b kenneth hahn hall of administration 500 west temple street los angeles california 90012 janice hahn chair fourth district hilda l solis supervisor

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contact us 701 ocean street room 500 santa cruz ca 95060 phone 831 454 2200 fax 831 454 3262 to email all five members of the board of supervisors at once please use boardofsupervisors santacruzcountycalifornia gov please note emails sent to this address will be publicly published in the written correspondence packet attached to the

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agenda for the regular meeting of the board of supervisors county of los angeles california tuesday january 24 2023 9 30 a m board hearing room 381b kenneth hahn hall of administration 500 west temple street los angeles california 90012 hilda l solis supervisor first district lindsey p

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board of supervisors meeting calendar for 2022 march - Feb 18 2023

board in session holiday budget hearings begin cancelled march july november board of supervisors meeting calendar for 2022 march december revised 11 1 22 january may september february june october april august december special meeting offsite meetings author millerju created date 11 2 2022 10 13 58 am

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