

Human Anatomy and Physiology Laboratory

Exercise 5

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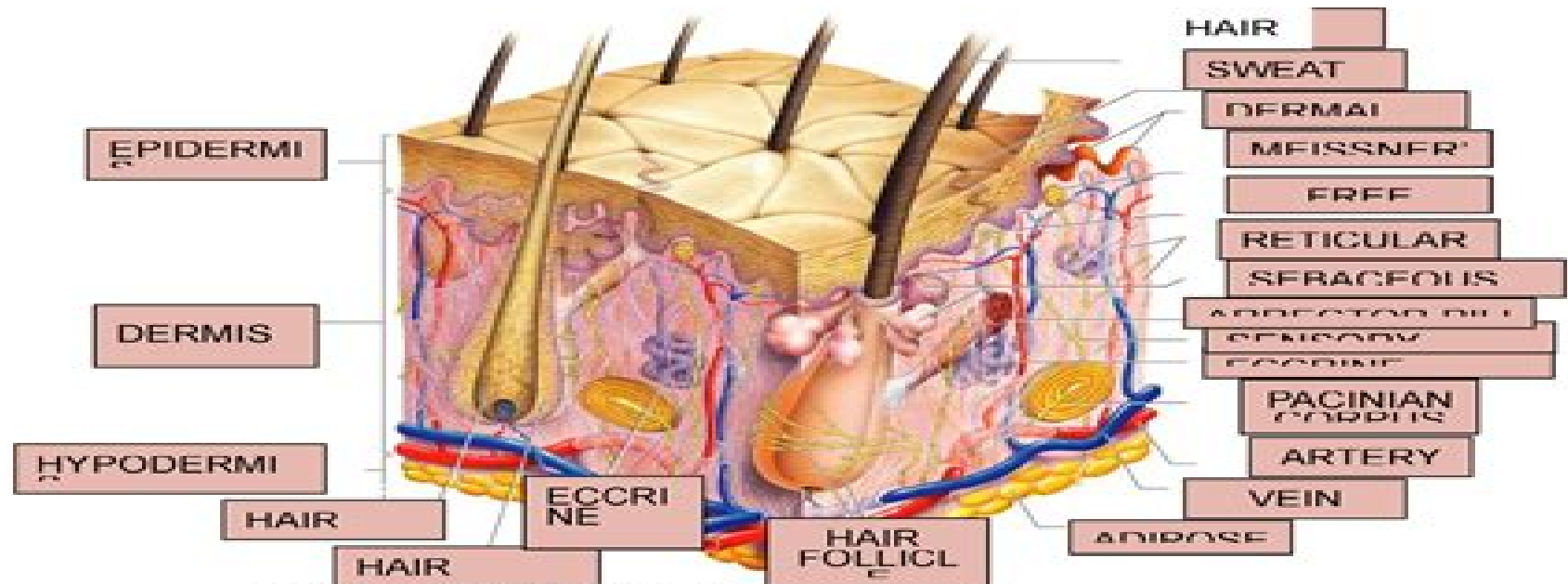
Lab Time/ Date 7am- 10am, september 28,2021

Activity 1 – Basic Skin Structure

A. Name four protective functions of the skin.

1. Protects deeper tissue: It insulates and cushions the deeper body organs and protects the entire body from mechanical damage (bumps and cuts), chemical damage (such as from acids and bases), thermal damage (heat and cold), ultraviolet (UV) radiation (in sunlight), and microbes. The uppermost layer of the skin is hardened, to help prevent water loss from the body surface.
2. Aids in body heat loss or heat retention : The skin's rich capillary network and sweat glands (both controlled by the nervous system) play an important role in regulating heat loss from the body surface.
3. Aids in excretion of urea and uric acid: The skin acts as a mini-excretory system; urea, salts, and water are lost when we sweat.
4. Synthesizes vitamin D: The skin is also a chemical plant; it manufactures several proteins important to immunity and synthesizes vitamin D. (Modified cholesterol molecules in the skin are converted to vitamin D by sunlight.) The skin also produces acidic secretions, called the acid mantle, that protect against bacterial invasion

B. Label the skin structures and areas indicated in the accompanying diagram of skin.



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Prepared by: Dickson M. Dimara, DBS Instructor

Activities are excerpts from Essentials of Human Anatomy and Physiology Lab. Manual 4th edition (E.N.Marieb) and Anatomy and Physiology Coloring Workbook 7th edition (E.N.Marieb)

Skin Anatomy And Physiology Instruction Manual

Marilyn Winterton Edmunds



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National Library of Medicine Audiovisuals Catalog National Library of Medicine (U.S.), *Berry & Kohn's Operating Room Technique - E-Book* Anita Hornacky, Nancymarie Phillips, 2024-06-19 Selected for 2025 Doody's Core Titles in Perioperative Easily learn how to apply basic surgical principles and techniques with Berry Kohn's Operating Room Technique 15th Edition For more than 50 years this highly readable text has been trusted to clearly cover the nuts and bolts of surgical techniques in a step by step format Expert authors Anita Hornacky and Nancymarie Phillips emphasize the importance of teamwork throughout with practical strategies and examples of how cooperation among perioperative caregivers contributes to positive patient care outcomes With a strong focus on the physiologic psychologic and spiritual considerations of perioperative patients this extensively updated new edition gives you the knowledge you need to plan and implement comprehensive individualized care NEW Updated evidence based content reflects the latest information on key topics such as AORN Guidelines for Perioperative Practice recommended CDC guidelines for cancer screening workplace safety ambulatory surgery social determinants of health and credentialing Focus on the physiologic psychologic and spiritual considerations of perioperative patients provides the knowledge needed to plan and implement comprehensive individualized care Strong emphasis on teamwork among perioperative caregivers both nurses and surgical technicians encourages cooperation in attaining positive patient care outcomes Detailed information on the fundamentals of perioperative nursing and surgical technology roles enhances understanding of basic surgical principles and techniques In depth discussions of patients with special needs related to age or health status help you learn how to develop a plan of care tailored to the unique care needs of all patients Step by step coverage of the foundations of surgical techniques enables you to effectively apply basic principles to practice Content on perioperative patient care for both inpatient and ambulatory procedures highlights key considerations for each setting as well as for individual surgical procedures Clear high quality illustrations reflect perioperative procedures and provide important safety information Chapter outlines with page numbers chapter objectives and key terms and definitions help you quickly find important information Additional and updated tables and boxes call attention to the most important concepts in the text References and bibliography highlight the text's evidence based practice approach Berry & Kohn's Operating Room Technique - E-Book Nancymarie Phillips, Anita Hornacky, 2020-06-23 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Perioperative Easily learn how to apply basic surgical principles and techniques with Berry Kohn's Operating Room Technique 14th Edition For over 50 years this highly readable text has been trusted to clearly cover the nuts and bolts of surgical techniques in a step by step format Expert authors Nancymarie Phillips and Anita Hornacky emphasize the importance of teamwork throughout with practical strategies and examples of how cooperation among perioperative caregivers contributes to positive patient care outcomes With a strong focus on the physiologic psychologic and spiritual considerations of perioperative patients this extensively updated new

edition gives you the knowledge you need to plan and implement comprehensive individualized care Detailed information on the fundamentals of perioperative nursing and surgical technology roles enhance students understanding of basic surgical principles and techniques Emphasis on teamwork among perioperative caregivers encourages cooperation in attaining positive patient care outcomes In depth discussions of patients with special needs related to age or health status help students learn how to develop a plan of care tailored to the unique care needs of all patients Focus on the physiologic psychologic and spiritual considerations of patients gives students the knowledge they need to plan and implement comprehensive individualized care Vivid high quality illustrations reflect the latest in perioperative procedures and provide key safety information Coverage of both inpatient and ambulatory procedures highlights key considerations for each settings as well as for individual surgical procedures Chapter outlines with page numbers chapter objectives and key terms and definitions help students quickly find important information and focus study time Enhanced TEACH manual and extensive Evolve resources maximize classroom learning Step by step coverage of the foundations of surgical techniques enables students to effectively apply basic principles to practice Updated tables and boxes call attention to the most important concepts from the text References highlight the evidence based practice approach used throughout the text

Diseases of the skin Charles Cook Ransom,1893 *Self-Instructional Learning Modules for Year Level III Medical Students on Hearing and Balance, Olfaction and Gustation, Phonation and Facial Expression (Second Edition)*,2008 **ACEIVE 2018**

Sriadhi,Janner Simarmata,Harls Evan R Siaahaan, Robbi Rahim, The 2nd Annual Conference of Engineering and Implementation on Vocational Education ACEIVE 2018 is a scientific forum for scholars to disseminate their research and share ideas This conference was held on November 3 2018 on the Digital Library of Universitas Negeri Medan North Sumatra Province Indonesia The ACEIVE s theme is Engineering and Aplication for Industry 4 0 The conference was attended by researchers experts practitioners and observers from all around the globe to explore various issues and debates on research and experiences discuss ideas of empowering engineering and implementation on vocational education for Industry 4 0 This event has been carried out well and produced many benefits to increase the knowledge of conference participants based on research results particularly the implementation of vocational education for industrial revolution 4 0

A Clinical Manual of Skin Diseases William Augustus Hardaway,1898 **BERRY & KOHN'S OPERATING ROOM TECHNIQUE:FIRST SOUTH ASIA EDITION - E-book** Nancymarie Phillips,2016-08-02 This new edition of this classic perioperative text has addressed changing roles needs and evolving technologies while maintaining the fundamental focus that still remains valid the care of the surgical patient Th is edition of the text identifi es the knowledge and skill needs of the caregiver and strives to incorporate components of patient care from preoperative intraoperative and postoperative practice areas A systems approach is introduced to help organize patient care to minimize the risk for human error **Procedures for the Primary Care Provider - E-Book** Marilyn Winterton Edmunds,2015-12-01 Confidently perform the most common

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