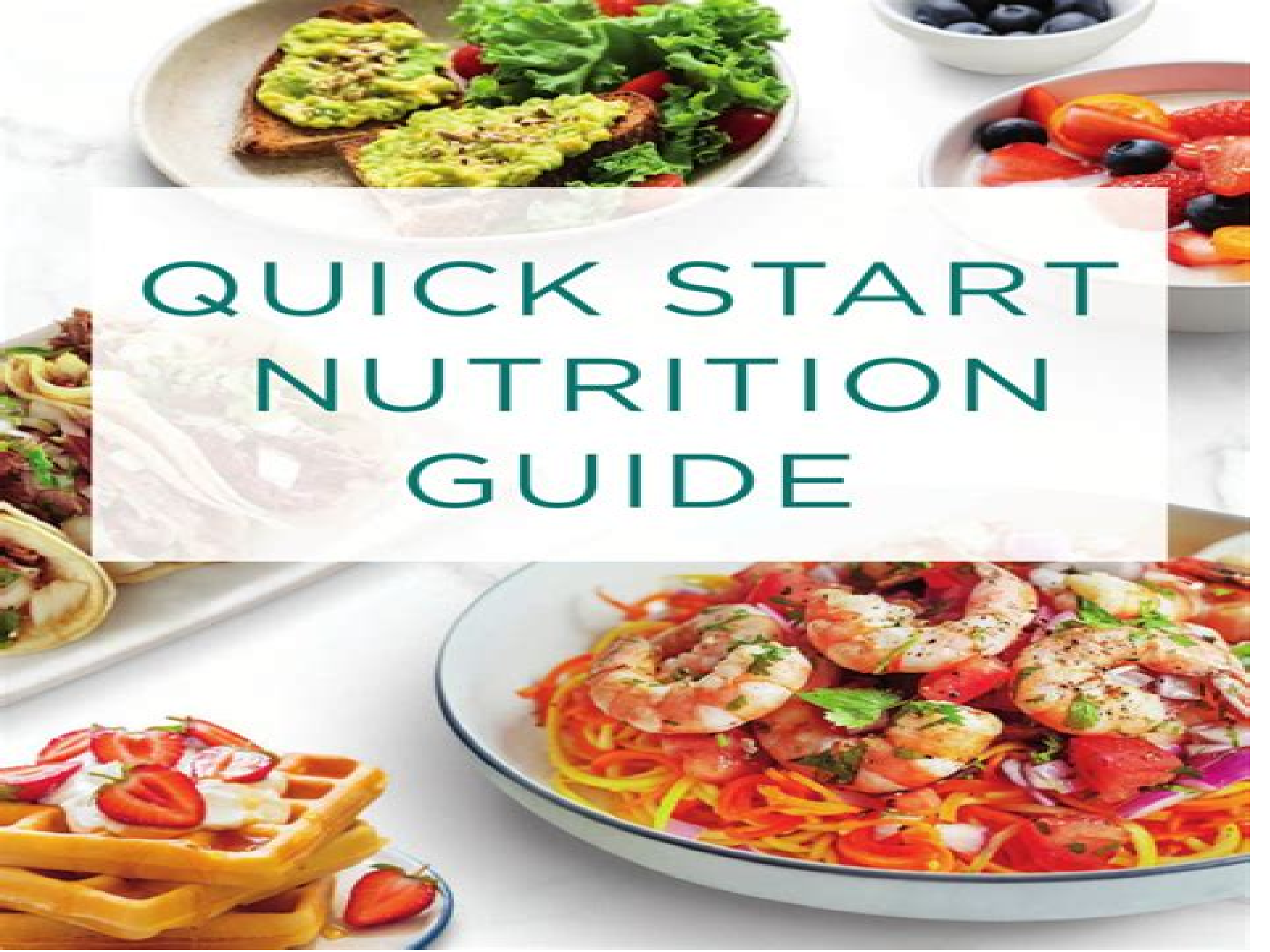
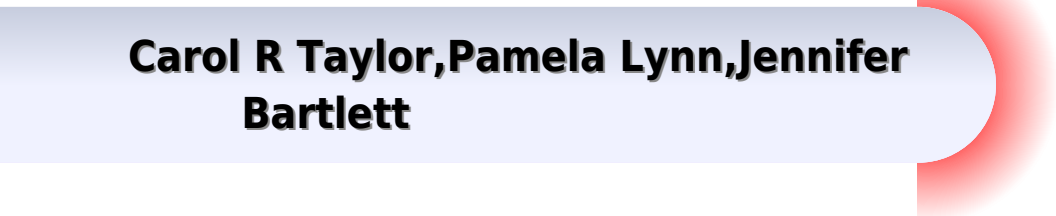




QUICK START NUTRITION GUIDE

Quick Start Nutrition Fundamentals

**Carol R Taylor, Pamela Lynn, Jennifer
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